

“In - depth”

“ VEGETARIANISM FOR
HUMAN HEALTH
AND
ANIMAL WEALTH ”

Vipinchand Bomb

Authored by
Vipinchand Bomb
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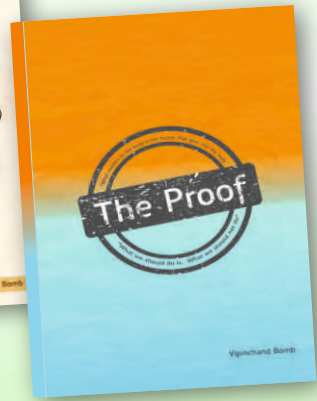
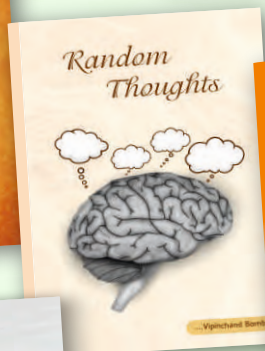
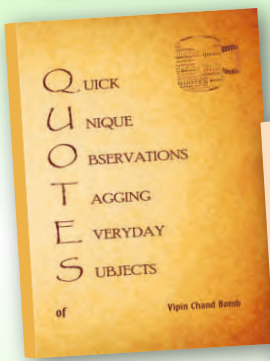
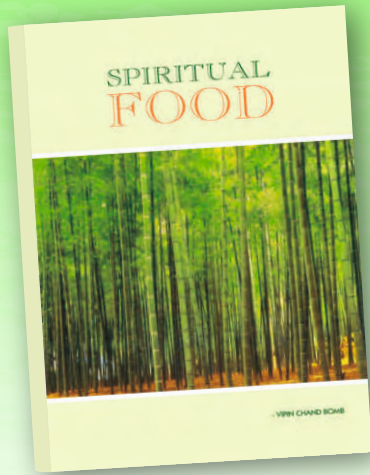
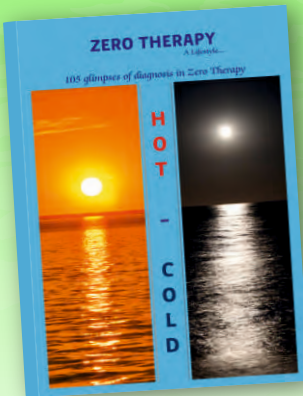
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Vipinchand Bomb, Founder Zero Therapy

Entrepreneur, Philanthropist, Zero Therapy Founder, Strange man, Visionary, Technopreneur, Modern Day Mystic, Revolutionary, Vegetarian Guru - Shri Vipin Chand Bomb is many things to many people but to the thousands of Zero Therapy followers, he is just Uncleji

Vipin Chand Bomb has been single-handedly leading the movement for the recognition of the inimitable power of the human body to heal and regenerate itself. The followers of his Zero Therapy are living laboratories showcasing the miracles that happen when the marvellous powers of the human body are combined with the power of uncanny observation and uncommon common sense.

In a singular honour to any Indian citizen, he was conferred with the honorary title of 'Wishwa Keerthi Sama Udana Lokattha Chari' at Sri Lanka. The Rotary club honoured him with their highest award, 'For the Sake of Honour Award'. He has addressed a wide ranging section of people – Scientists, Doctors, Engineers, Press Reporters, School students, Prison inmates and Fishermen - both in india and abroad. The recordings of most of these are available on the website and social media.

For his living, Vipin Chand Bomb heads his company U-V Enterprise focussing on heating solutions for Industry and Research. His life mission is propagation of this more natural lifestyle for all human beings. He continues his crusade through his weekly interactive Monday lectures, websites www.zerotherapy.com, www.vipinchand.com and through seminars, press conferences. He is available to address seminars on the Zero Therapy lifestyle, at his own cost, anywhere in the world.

“In - depth”

“Vegetarianism for Human health and Animal wealth”

**The strength and richness of the nation is known by type of
citizens and wealth in terms of animals.**

"People without knowledge are worth Crores, but people with knowledge are on roads."

EVOLUTION OF HUMAN

The earliest man contrary to our common belief, was not a meat eater.

Earliest human being, were frugivores; eating flowers and fruits (like instant fruits plucked from the trees) that was the factor for longevity. We understand that earlier, human being life was over 200 years.

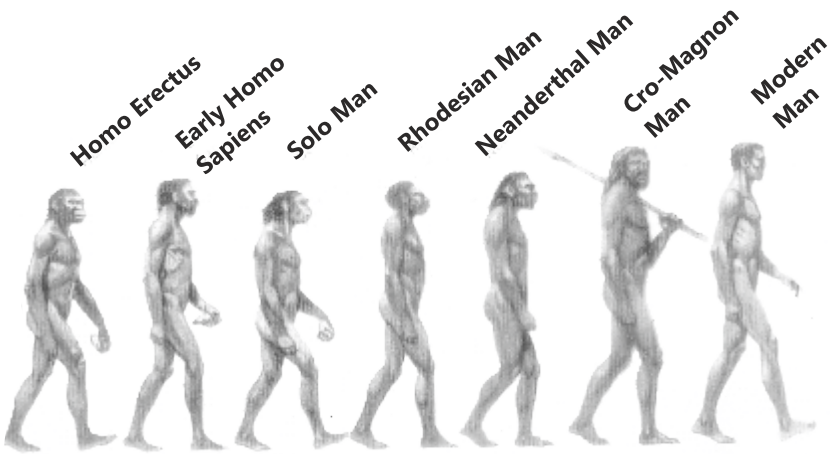
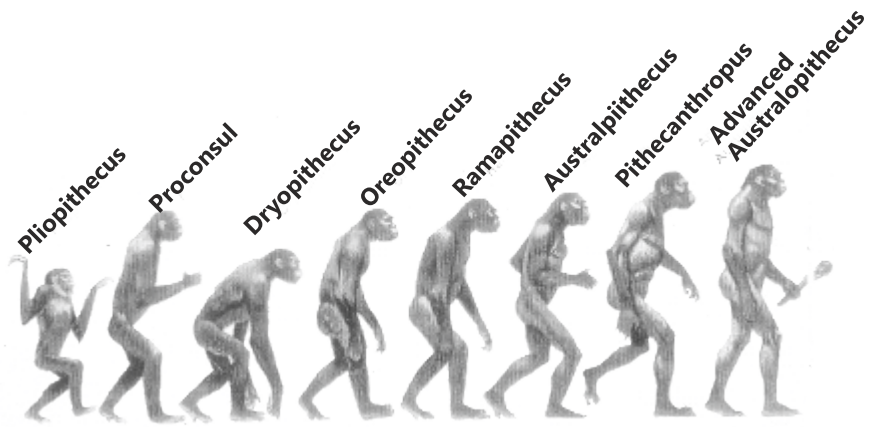
Example:

VEGETARIAN HERO OF 1987 DIES AT THE AGE OF 183

ISLAMABAD : Daulat, a freedom fighter who took part in the first war of Indian Independence in 1857, has died at Moniwala village near Lahore, a news report said here, on April 23, 1989. The report claimed that Daulat, popularly known as Daula Machhi, was 183 years of age.

The secret of such a long life was that Daulat machhi lived only off raw vegetables, milk, butter and refrained from taking spices, the report quoting the freedom fighter's relative said.

- UNI



"Enforcing vegetarianism is not vegetarianism, for it hurts the feeling of others."

Earliest stage of human life known to us is **australopithecus** and their diet was seeds, sedges, grasses etc..) as well as fruits and tubers. Since there was no science of fire and hence no cooking, as such life was longer compared to today.

Later on during the stone age.. he became meat eater:

- He first made tools for his safety, then started to hunt animals for sports and then ended in eating the dead animals.
- Due to some natural calamity like shortage of water, earthquake everything would have collapsed and man did not have any alternative but to take to meat and flesh as alternate food.

VEGETARIANISM :

Ism means doctrine . Doctrine means a theory that has to be proved. Hence, vegetarianism is a theory which has been proved . For this obvious reason there is no word like non-vegetarian .

No human being can be non-vegetarian for whole of his life. However there can be non-starter, non-striker, non-sense, non-union...

One can follow vegetarianism and follow any religion of his choice.

Wrong thinking of the world: By eating vegetarian food people think they are following vegetarianism.

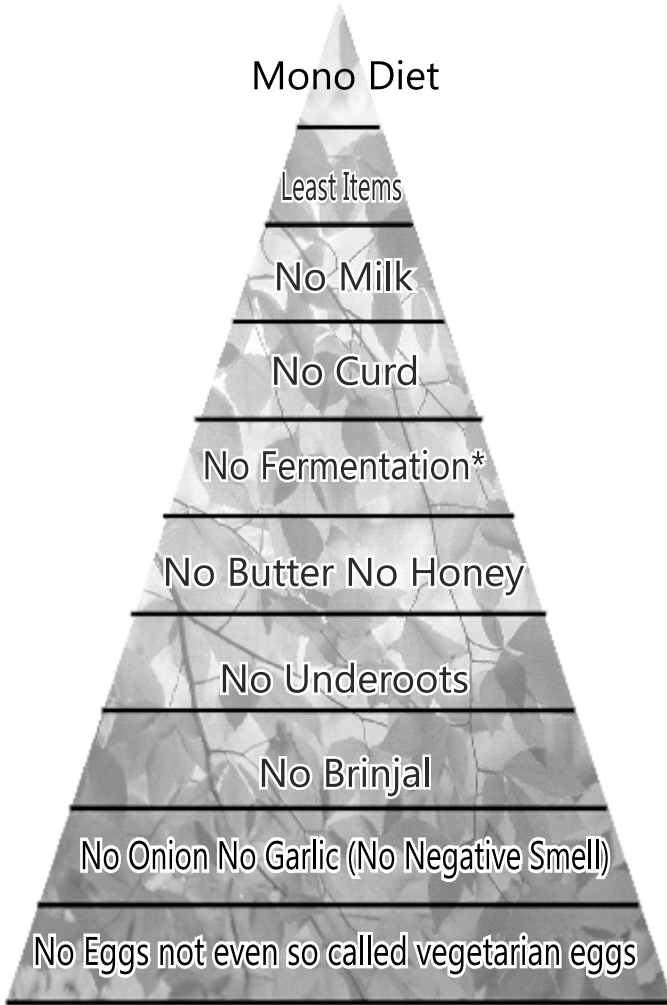
Vegetarianism "in-depth" means not hurting feeling of others. Not enforcing people to close slaughter houses to achieve punya for oneself .

The basic necessity is:

- The food that is eaten
- The way in which food is prepared
- Who serves the food
- The atmosphere
- The 'bhavana' of the person at the time of preparation of food
- With whom he is eating
- Most important, the source of income through which the raw material of food is procured.

We have seen many people who have changed their look and behaviour with the change of food from 'tamsik' to 'satvik'.

VEGETARIAN LEVELS



*Idli, Bun, Khaman etc..

SAITAN

Medicine ×
Smoke ×
Alcohol ×

Before going Vegetarian Levels the following are mandatory :

no meat, flesh

no egg

no smoke

no alcohol

no eggs

no medicine in any form herbal, ayurveda.

(all this increase the latent heat of the body and hence corruption of mind)

no butter

no honey

no onion, garlic, many under roots like radish, beetroot

no curd , idly and many such thing for which the base is fermentation...

no brinjal

(reason : insect can enter through the soil, through the trunk, through the branches, and then into the vegetable . hence, to be avoided.)

Note: There is no such thing as vegetarian egg.

Genetically Modified Crops

For understanding this subject Genetically Modified, one surely need not be a so called scientist. Whenever a word is born it gets the energy from the universe, with the feeling built in. Now let's consider the word Modified, it implies 'Certainly Not Original'. This means we are meddling with nature. The present day scientists only see things in a lab. A farmer living with nature, understands it better than so called scientists.

Now lets see the definition of a Scientist - A real scientist need not be qualified. Einstein was rejected in college. Many scientists like Faraday, Darwin & Joule were never qualified. The reason for their success was they were close to nature and had the ability to 'see' beyond the seen. The real meaning of scientist is one who has the best common sense, uses the common sense which is uncommon these days. Call the person a scientist who uses uncommon common sense. This comes only to a person who uses physics. Physics means nature.

Now Genetically Modified seeds lack the power of vitality, which is vital for human health. And what can you expect from a seed which cannot reproduce as original in terms of vitality. Scientifically, logically, this is not suitable for our country.

Can it not be a conspiracy of westerners to make our country poor ?

Now, the logic of more production for less area of land. I have done research at home on plants by giving them magnetic water. To my surprise they grew faster than the normal plant and I was extremely happy. But the sad part of it was that they died much faster than the normally grown plant. The logic is that the soil where this is grown becomes infertile - not suitable in the long run.

Thoughts and the Food

It is the food being eaten and the mind at the time of eating, also the combination of the food ; all that makes the difference for thoughts.

When the food is chewed the tongue changes the cells depending upon the mind at that time and the smell of the food also makes the difference for thoughts.

Origin of Human Life

Life starts from the period of pregnancy of UPTO AROUND 9+ months, purely based on "What matters to the body is the matter that goes into the body".

What mother feeds during gestation period is what matters for the entire life of the child, till its death.

What mothers-to-be eats during gestation period , the physical and mental state during the pregnancy and the environmental conditions decide the finished goods (Child). "When the raw material is good, the finished product is also good".

Vegetarianism means close to nature.

If the citizens are close to nature there can be no violence in that country.

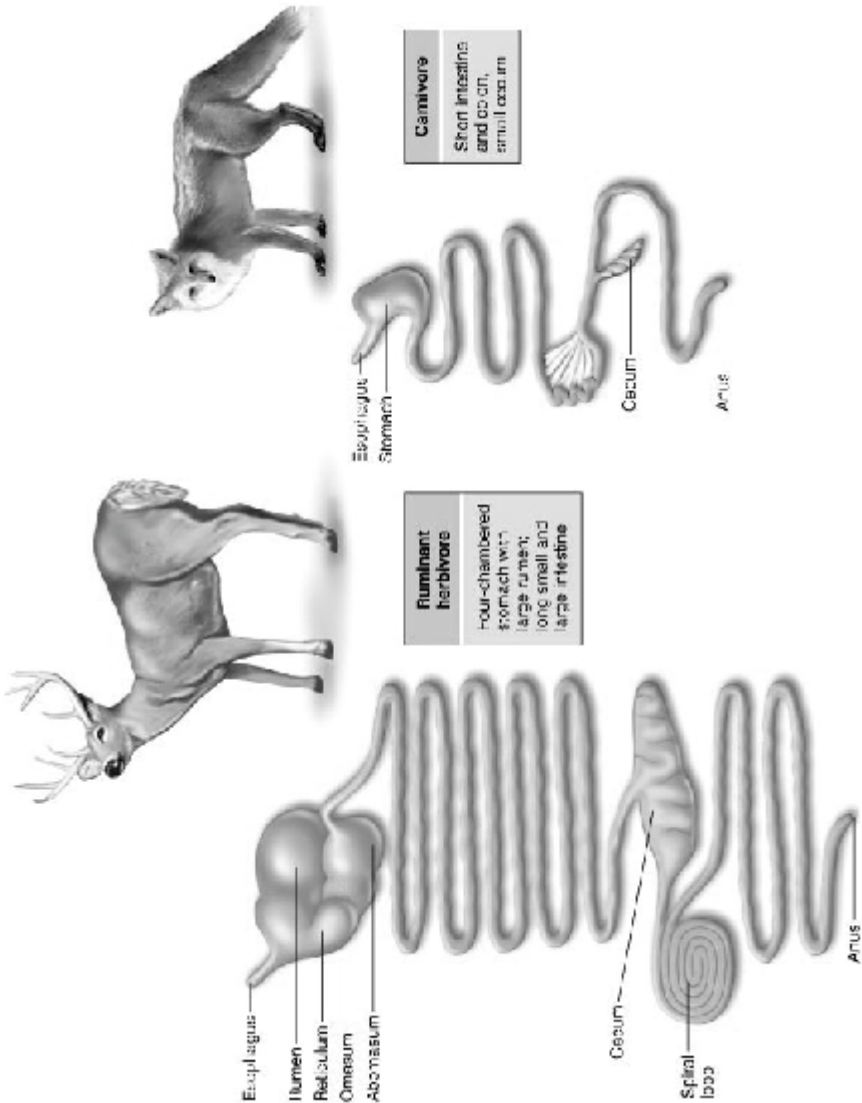
If one tends to live near nature, one can never think of destroying anything.

If a person is most near to nature, he attains higher level of vegetarianism.

When animal and human beings are with nature and in harmony with each other, then the 'parmanu' of the place tends to be so powerful that there can no violence in such places. Thereby the country becomes, richer, when animals and human being are in peace with each other.

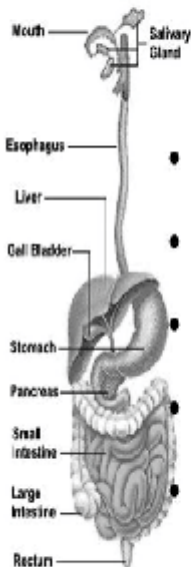
The mind and body work at its best, when no foreign matter invades the body etc. The foreign matter means meat, flesh, egg, under roots - they are invaders for the body and all these are not required by the body. The body and in turn the mind is not at its best for such bodies.

Difference between the structures of Herbivores and Carnivores



"For some Let me live (More selfish)."

Intestine Length



- **Piscivores: 1 x body length**
- **Herbivores: 2 x body length**
- **Planktivores: 5-13 x body**
- **Omnivores: 2-4 x body**
- **Detritivores: 10-15 x body**



A carnivore or omnivore small intestine is three to six times the length of its trunk. This is a tool designed for rapid elimination of food that rots quickly. Mans, as well as other herbivores small intestines are 10 to 12 times the length of their body, and winds itself back and forth in random directions.

Herbivore



sharp incisors
smaller canines
moderately
cumpy molars
for grinding



Carnivore Teeth



exaggerated canines
pointed incisors

jagged molars
little chewing

Scientific reason : the length of the intestine and the structure like tooth, nails, jaw, skin all this are made for vegetarian . For example :The length of the intestine for carnivores is just two times of the length of the body.

In carnivores, unwanted thing has to quickly get out of the body, that is why the length of intestine is small.

The world is divided into animals and plants.

In animals we have carnivores, herbivores and omnivores.

Human can be only herbivores. The structure of intestine is like herbivores, that is 12 times the length of the body.

Comparison of Carnivores Herbivores and Human beings

FEATURES

CARNIVORES	HERBIVORES	HUMAN BEINGS
Lick and drink	Suck and drink	Suck and drink
Have claws	No Claws	No claws
Kill prey without weapons	Do not kill to eat	Cannot kill prey without weapons
Can see in night	Cannot see in night	Cannot see in night
Move alone or in small groups.	Move in big herds.	Social animal. Developed sense of community life.
Prespire through Tongue.No skin pores.	Prespire through millions of skin pores.	Prespire through millions of skin pores.
Length of intestine is 3 to 4 times body length	Intestinal tract 10 to 12 times body length	Intestinal tract 12 times body length
Sharp front teeth to tear flesh.	No sharp pointed front teeth.	No sharp pointed front teeth.
No flat back Molar teeth to grind food.	Flat back molar teeth to grind plant food.	Flat back molar teeth to grind grains, plant food.
Small salivary glands, no predigestion reqd.	More Salivary glands to predigest	More Salivary glands to predigest.
Saliva is acidic. Enzyme Ptyalin not present.	Alkaline Saliva. Ptyalin to predigest.	Lots of Alkaline Saliva. Lots of Ptyalin to predigest.
Low E.Q. Easily excited	High E.Q. Friendly.	Lower E.Q on eating meat.
Meat eaters.	Do not eat meat.	Should they eat meat?

"Food:Food changes the thoughts, thoughts change the world. Lets change the world by changing the food. Lets spread vegetarianism."

“Vegetarianism spreads peace, spread vegetarianism for world peace” - Zero Therapy Founder

Basically a human being requires 80% alkali and 20 % acid. which is totally available in a vegetarian diet. Anything extra in the form of acid(flesh, egg, alcohol, toxin in any form.... all are acid) will imbalance the body system. That imbalance in the form of acid causes violence. This is what is happening in the world today. This can be in the name of religion, patriotism, egoism.

Present day violence that we find in the world, is due to acid level in the body more than the required unit. The same is applicable if one eats food stuff like onion and garlic. The reason the water content of onion and garlic has got higher acidic value in terms of ph. (value as we have measured). The ideal ph is 7, the water content of they two are definitely not 7, which is normally needed by the body.

A pH balanced body of 80:20 ratio (80 being alkali) will be soft by nature. This is the ideal ratio for peace. it is advisable to have a diet in this ratio so the whole world will be at peace.

Medicine can disturb the balance of the body. Most of the medicines are acidic in nature, though not all.

"A person who does not use mobile is mobile in the real sense, for at his will he is mobile."

"Veg for emotional and physical health."

- Zero Therapy Founder

Normally it is seen that people can get upset for trivial matters in house, in office, in school... anywhere. Plainly speaking there is no emotional balance. This can be purely attained with a proper diet and lifestyle. Basic necessity for emotional health is to avoid items* that are under roots like Onion, garlic, beetroot, ginger, cauliflower, haldi (which is not dry) except for potato and carrot . It is advisable not to eat flowers since flowers are meant for giving smell, so do not eat cauliflower, or any kinds of flower.

* Zero Therapy people do not eat these.

As per Zero Therapy "what we should do is what we should not do." Here is what we should not do:

No Medicine in any form not even herbal

No Tobacco in any form

No Alcohol

No Meat and Eggs

No Honey

No Butter

No Cheese

No Idly

No Achar (Pickle)

No Corn in any form

No Sprouts

No Ice Water

No Tea Masala

No Garam Masala

No Kali Mirch (Pepper)

No Pipalamor

No Reiki

No Accu-Pressure

No Accu-Puncture

No Yoga (since lot of confusion)

No Onion, Garlic, Beat root and like (with powerful smell)

No Curd, Butter Milk

No Coffee

No Pudina

No Ice Cream, Chocolate, Cake

No Lemon

No Menthol (like mint based toffees)

No Mosquito Repellent

No Bettel nut

No too much spicy food

Avoid consuming same fruit and vegetables over a long period (It may be good for few days but may be excess after five days or so...)

Once all these are avoided and normal diet is taken as per the season, the body balances itself and physically you are at your best.

In winter body requires pepper, saffron, dry fruits.

For summer at normal temperature, more of milk, milk lassi, thandai. If we follow proper traditional diet depending on the geography, physical health will be at its best.

Note: Tradition of India may not be suitable with tradition of other country, which needs to be taken care.

"Veg means:

Very

Easy to

Grasp.

Vegetarian Food is not only easily digested but is also the basic requirement of the brain. Since vegetables contain more of oxygen compared to other the food like meat, egg, underroots (presumed will have less oxygen as are not exposed to sunlight and no solar energy) which is absolutely necessary for good health.

Brain requires 80 % of the total oxygen of the body.

"Vegetarianism for National Integration"

For National Integration there should be one common factor irrespective of religion, caste, community. If by chance the people of the country become veg the common factor will bond them together.

In Buddhism the basic principle - non violent food. In Bhutan most of the people follow this religion and the study shows that 91.2 % percent of people there are happy.

Veg for Stamina, known as Horse power

A Horse retains the stamina till death. For ex : Cheetah can run 100 mtrs or 200 mtrs with a constant speed but not thereafter. But horse retains the same stamina and speed is till it dies . The speed is maintained and is constant for any distance with the horse.

The nature has given herbivores that power to escape from carnivores, whereas carnivores can run with great acceleration for some time to catch their prey.

Chess :

Chess is nothing but a game of war where only herbivores are used (Camel, Horse & Elephant) because they do not get emotionally upset and their stamina is also very good.

A very interesting point to note is that carnivores have fancy and preference for herbivores. Given the choice they prefer to eat herbivores only.

So, human being should have preference for vegetarian food.

The Origin of the word Vegetarian started from "Vegetus : Food which gives vitality and vigorous and this can be provided by live food which is fruits and vegetables.

As a matter of fact meat is nothing but dead mass.

Dead, stale gives dead feelings.

The origin of the word food from the word fodder which is the food for HERBIVORES animals.

With this logic it clearly proves food means only vegetarian food.

Teaching in the closed air-conditioned classroom and open classroom.

An open classroom is full of oxygen and smell of tree, plants and flowers. Even though the knowledge taught in air-conditioned classroom and open classroom (with nature) is same, application of the knowledge will be different. The person taught in open classroom (with nature) will always use the knowledge for good purpose.

When the flower, vegetables and fruits - smell and colours-have so much impact, then why not we eat vegetarian food, which certainly gives emotional and physical health.

Experience :

A person came to me, told me vomits when he eats vegetarian food. I said, "Gentleman your body is full of saitan. How will saitan allow a good person (in form of vegetables), it will definitely throw it out."

He slowly reduced the intake of eggs and the vegetarian food started to go in.

Experience :

An electric engineer has asked me you have not eaten non veg food , what right do you have to talk about since you have not experienced?

Spot came the counter question - you are an electric engineer, whether you touch the live contact to know the shock is there?

To appreciate the taste of food do you need to be a cook?

To see the depth of well do you need not fall into the well?

That engineer promised to be veg for one month as a trial. Now I have lost touch with him.

My experience is whenever a person who is smoker or meal-eater comes to me I tend to commit mistakes.

Reason : The vibrations being negative for me.

- Many rivers gets polluted due to waste water from slaughter house. If the nature can get polluted then why not our body ??
- We love non vegetarians but not non-vegetarianism.
- Fruits and vegetables are harmful to constipation. Bernard Shaw wanted to die early but could not as he was vegetarian.
- Akbar appointed Birbal, why? Perhaps he was veg.

In vegetarian community particularly in India, divorce cases are the least. Reason - whole community is vegetarian.

When we eat flesh or meat, it is second hand food and not first hand food. Normally the meat of herbivores animals is preferred and in turn their foods includes only fruits, vegetables. Then why not eat the first hand food, directly. The reason in the process we lose the efficiency, because these animals eat the fruits and vegetables and then in turn we eat their flesh and there is loss of energy in this process. Also, we need to eat more to get more energy.

What happens when we eat second hand food - "Half of the food we eat goes for the welfare of our family, Other half goes for the welfare of the doctor's family "

It is our experience that more walking sticks are sold in countries where meat or eggs are part of the diet.

The reason is spinal cord gets bent due to wrong food, which is like crux on the Iron rod.

If one of the partner is non veg and the other veg they do not make good partners.

Example: One lady had to divorce her husband, due to her husbands body being hot and she being vegetarian was cooler in compression.

One customer came to me, bought some material and I observed to him "looks like you are not happy".

He first said "I am happy". Then Hesitantly he told he is not happy with his wife. He said she is from a very rich family and she has lot of ego". I said 'NO' it is not the reason. It is because you are wife is non veg and you are Veg. This is the reason for dis harmony between you.

Most of laxatives are sold in US because of the Food. Mainly due to food habit like meat and egg.

Egg is most dangerous for the skin. My experience is many home people came with skin problem and on being asked to stop eating eggs, they follow it and skin problem gets totally cured.

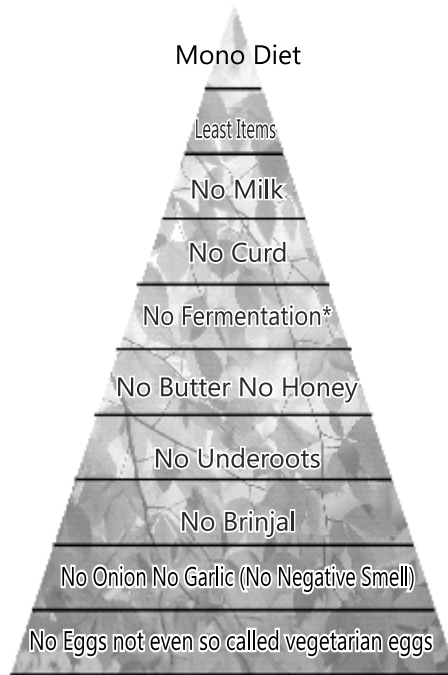
Due to Egg, the air-conditioning (thermostat) system of the body through skin doesn't work properly. The other things that bodily affects skin are Alcohol, Smoke, Garlic, Ginger etc.

One of the books I am come across ---

" Jury should not be appointed if they are not vegetarian.
Which means the Judgement is related to the Food".

A high level of Veg* he is not emotionally attached to individuals but is attached to truth and hence he is not prejudiced.

High level of Veg = no onion, no garlic, no under roots (except potato and carrot).



"Gratitude – Attitude of gratefulness."

In day to day life we see people come with lot of anger but due to the aura of the other person they calm down. Same was the case with wild elephants who when coming near Sadhus would calm down . This is all due to Aura of the saints which calms even the wild animals.

Neuro Transmitter are more active in a vegetarian body .

Meno Pause is late in vegetarian women. (Experience of My patients)

One saves toilet time if one becomes vegetarian.

Vegetarians have got strong will power.

The alpha wave level cannot be reached by a meat eater as far as my experience goes.

My experience is that palm temperature is hotter in Person eating egg, meat, alcohol, smoke, garlic , onion compared to that of a veg body.

The reason, the latent heat of their body is more, which can be seen from a distance, similar to an IR thermometer.

Memory and Vegetarian Food

Elephant

He can bring log from one place to other place, very useful in times of war.

Horse :

in the game of Polo. He goes to the goal post in the first half and in the second half the posts change and the horse is able to understand this.

Dove :

carries the post to the very correct place whereas crow cannot.

All these are memory related.

The meat, alcohol increases the latent heat and the heat corrupts hard disk memory. The brain requires normal temperature and due to more heat the memory gets affected in same as that of computer where the hard disk gets corrupted due to heat.

Wrong presumption that meat gives strength. My dear friend it gives muscle power - lookwise - but not strength. Elephant, rhino all are vegetarian animals but have got the strength . The musculars looks is expansion of the body and contraction takes place somewhere else in the body.

Mr Hercules of Asia reported by times of India dt. 26.02.1989, could stop car coming in opposite direction He was vegetarian.

Electricity, Brain and Frequency :

Electricity in brain is produced due to temperature difference in Inspiratory & Expiratory breadth.

This is directly connected to Food and Food and Food.

Where ever there is electricity there should be frequency. But this applies to alternative current and not direct current.

In Human being electricity is produced, in alternative form of current.

Reason : Two nostril, keeping changing alternatively, inhale and exhale . The difference in temperature of inhale and exhale produces a type of frequency and electricity. The highest form of Veg where no cooking, very natural to fruits, seeds , the temperature difference will be very less and will achieve the most powerful level of frequency i.e. Theta and Delta. Probably we cannot find any human being of this nature .

As you go down, the frequency goes down, because temperature difference in exhale and inhale keeps differing.

The rate of breathing is slow and difference in temperature

In a vegetarian body and as the level of eating improves, the type of frequency also improves.

The colour and smell if positive also energize the neuro transmitters. The negative smell and colour de energise the neuro transmitter.

HOMEWORK FOR SCIENTISTS

Have we ever imagined the whole body being run by electricity?

Have we ever imagine where exactly the battery is ?

What is the source of electricity, magnetism in our body?

We talk of brain frequency, alpha, beta.... have we imagined where the source is....?

How a person can see the body temperature without using anything.. Several proof available at the later part of book.

NOSE

Nature has made the body so scientific and fantastic that we are not able to even understand the science behind the entire assembly of the organs.

The nose exhales and inhales. Exhales hot air and inhales normal air. The polarity and the process keeps changing alternatively.

Nose is not so simple as the scientist think - it is the source of electricity in the body. This is how the electricity is generated.

Nature is so smart that if it keeps generating electricity the person will die so, what it does is, it changes the polarity time to time. Nostrils which exhales and start inhaling and vice-versa, so that it becomes alternative electricity.

This depends on the type of food one eats, a meat eater's exhale will be hotter, garlic eater yet again hot. For a sattvic person the heat will be different, for Zero therapy food or children it will be very normal - thereby generating brain waves like alpha waves or better.

Scientist of the world please experiment and test such body taking into account the food intake. Hot and Cold are connected with the liquid of the brain that gives connectivity

Difference in the temperature of the hot (exhale)and cold (inhale).

At one point before the BRAIN THROUGH OLFACTORY NERVE AND THE OLFACTORY BULB CONVERTS THIS TEMPERATURE INTO ELECTRICITY IN THE BODY THROUGH BRAIN CHEMISTRY.

THIS CAN BE TESTED, PROVED IN THE LABORATORY AND CAN BE INTELLECTUAL PROPERTY OF THE COUNTRY.

Properties of Food:

- Physical
- Emotional
- Latent

Each stuff has its own inherent properties.

Every product we eat has its own latent heat and has emotional and physical properties.

All over the world people go for physical properties. For emotional properties the research has not gone to the extent it deserves.

For example : Smell is never taken into account for physical properties, the most important factor is not the taste as it is generally understood by the world. The colour and the smell, which has got most powerful effect on the mind via the brain, has never been taken into account by scientist.

Reasoning : Tongue and nose also connected to the brain directly at some point. This two combined give signal which has got the effect on mind.

Tongue and smell put together can release the negative and positive effect depending on the individual properties on the item in the question.

Let's understand what is positive and negative effect

Each item releases heat and along with the heat it sends out vibrations, vibration can have negative and positive effects.

Sandalwood, saffron such things produce positive effects on brain, Garlic, onion produce the negative effects. Even though the latter ones can be good for thinning the blood or reduce the cholesterol whatever the medical science thinks.

Food

The origin of the word food is from French word "fodder" which later on changed to food.

Food as generally understood by the world is either vegetarian or meat, flesh, eggs. But I have my own doubt whether anybody can survive without vegetarian food. Normally person says he eats food along with other things, which basically means food is vegetarian.

People always say we have eaten food along with mutton, chicken etc. Why should people say along with if this is included in the food. In Tamil people say "sappad kooda (alongwith) mutton, chicken saptain".

This proves our point food means vegetarian food as far as human being is concerned.

Diet , Prasadam and Diety

People started offering food in the form of fruits and flowers to deity, what was known as prasadam.

Later on, the prasadam was known as food. Never the prasadam was meat or fish.

The original prasadam was only fruits or flowers. This proves beyond doubt that food means vegetarianism.

People call vegetarian egg for the selfish motive of calling oneself vegetarian and still eat eggs. The British people allowed egg under vegetarian category.

Egg breathes and stales, which means it has life unlike fruits and vegetables.

Food must have six taste and five color out of that sweet is must.

Many a time children get addicted to chocolate, biscuit, cake which consist of preservatives, color the reason is the mind.

This again is connected to being brought up in a wrong lifestyle.

Hemoglobin:

Hemoglobin and food are directly connected. My experience is that hot items like dates, figs dry fruit reduces hemoglobin. Many times hemoglobin goes down by mere thoughts, which can be visible on the face. Negative smell perfume, toilet cleaning agents also reduces the hemoglobin.

Its advisable to eat carrot halwa, hot milk with hot ghee, more of hot ghee in the diet. Avoid pepper, tulsi, ginger. In our experience of with change in diet, we were able to increase the hemoglobin in several cases.

Ever since the birth of human being, mankind has been doing research and inventions like :-

Automobile

Nuclear

Electricity

Aeronautical

Space

Artificial intelligence

Nano technology

Communication

Magnetism etc etc.....

All these have common source i.e. thoughts and thoughts and thoughts

It is said **aahaar** gives **vichar**

Food gives the thought..

Thoughts give the research for construction and destruction.

This science is directly related to the food what one eats.

If food is sattvic the invention is for construction

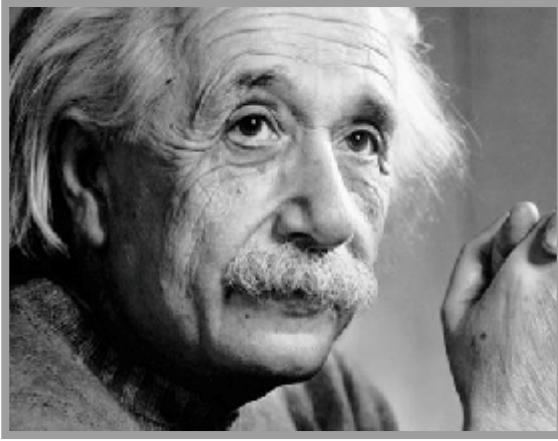
If food is tamsik the invention is for destruction

To prove our point lets understand the life of philosophers, artists, writers and scientists :

Bernard Shaw
Pythagoras
Thomas Edison
Albert Einstein
Newton
Darwin
Socrates
Aristotle
Leonardo Da Vinci
Plato
Tolstoy
Voltaire
Van Gogh
Martin Luther King
Albert Schweitzer
H G Wells
P B Shelly
William Blake
William Wordsworth
Kafka

ALL OF THEM WERE VEGETARIANS AND HAD DONE RESEARCH FOR HUMANITY.

"If you have too much faith on God for expectation, the person loses confidence.
By chance if doesn't succeed he loses confidence on God."



"Nothing will benefit health or increase chances of survival on earth as the evolution to a vegetarian diet."

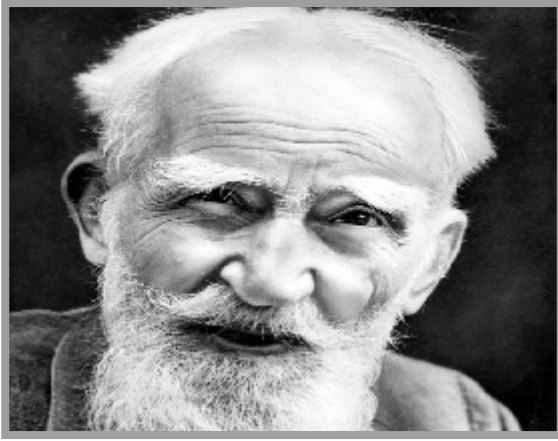
- **Albert Einstein**



" I have found that a person does not need protein from meat to be a successful athlete. In fact, my best year of track competition was the first year I ate a vegan diet"

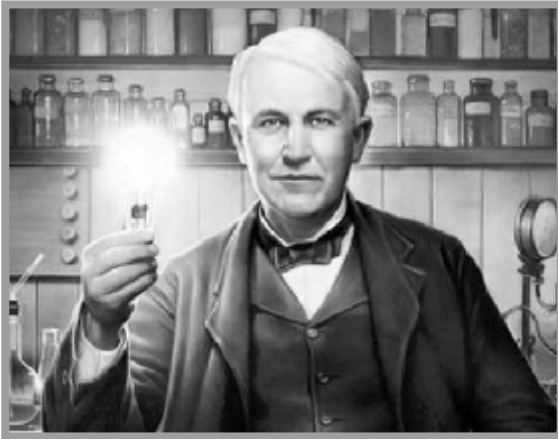
- **Carl Lewis**

"Fashion and Style : Whatever one does may be style, need not be fashionable."



Animals are my friends and I don't eat my friends."

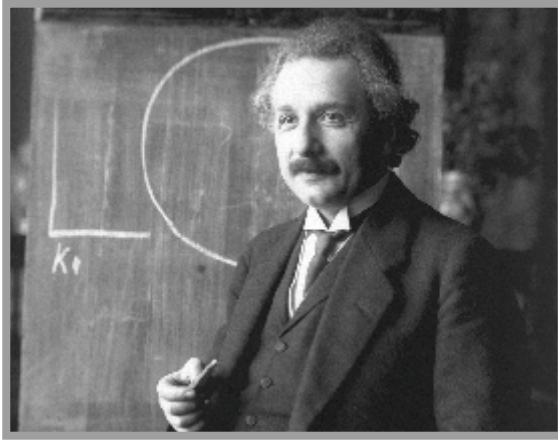
- **George Bernard Shaw**



" I am a vegetarian as well as a passionate anti-alcoholic, because I can thus make better use of my brain."

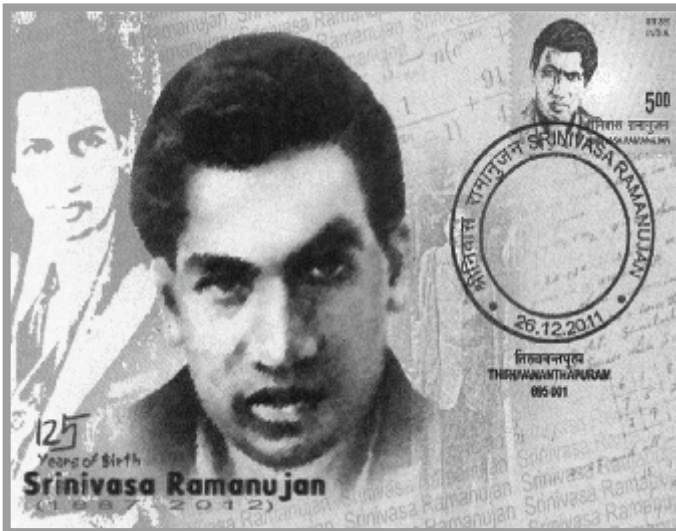
-**Thomas Alwa Edison**

"Don't expect anything from idol. Just pray. Expecting anything from idol is business."

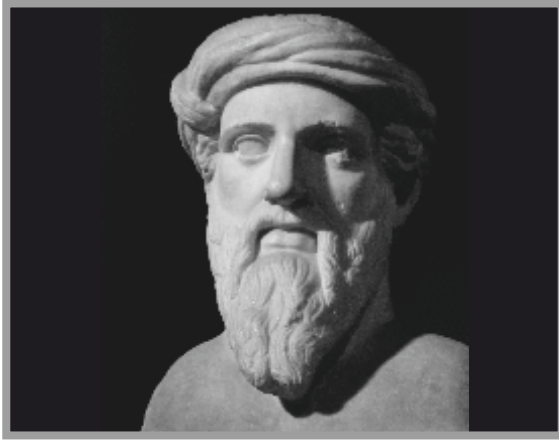


"Vegetarian food leaves a deep impression on our nature. If the whole world adopts vegetarianism, it can change the destiny of humankind"

- Albert Einstein

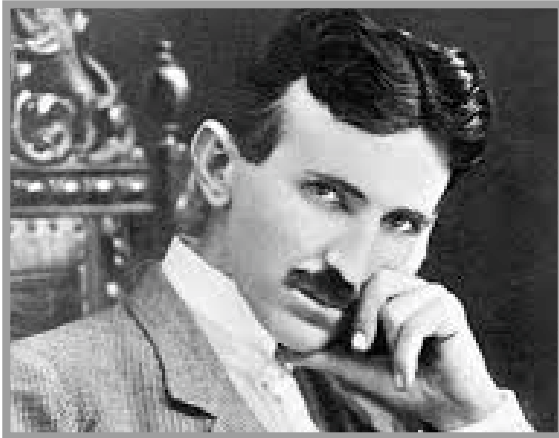


"Intelligence is not to be shown. It is seen."



"As long as men massacre animals. They will kill each other. Indeed, He who sows the seeds of murder and pain cannot reap the joy of love"

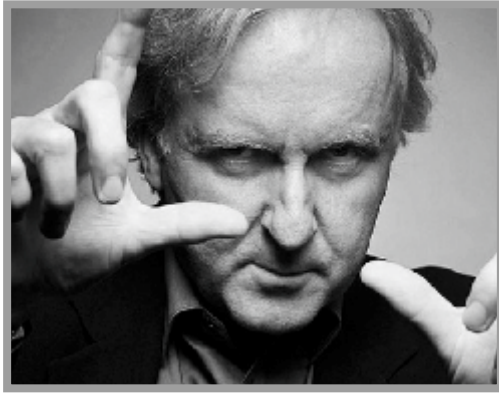
- Pythagoras



"It is certainly preferable to raise vegetables, and I think, therefore, that vegetarianism is a commendable departure from the established barbarous habit. That we can subsist on plant food and perform our work even to advantage is not a theory, but a well-demonstrated fact."

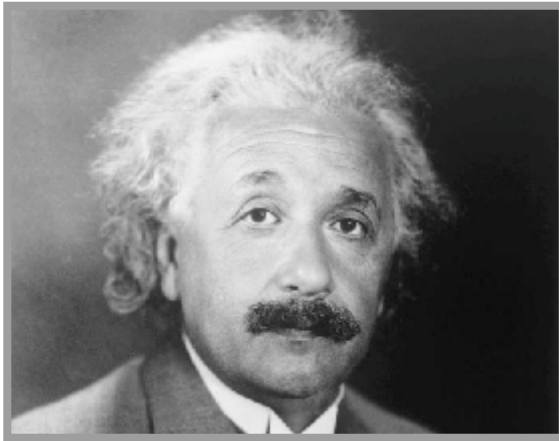
- Nikola Tesla

"Jealously – A jealous person burns others and in the process burns himself."



It's not a requirement to eat animals, we just choose to do it, so it becomes a moral choice and one that is having a huge impact on the planet, using up resources and destroying the biosphere."

- James Cameron



"So I am living without fats, without meat, without fish, but am feeling quite well this way. It always seems to me that man was not born to be a carnivore."

- Albert Einstein



"Vegetarian animals are longer lived, have greater endurance, greater freedom from disease and greater intelligence than the flesh-eating class, and the same is true of human beings."

-Dr. John Harvey Kellogg, MD



"The first vegetarian society was formed in 1847 in England. Three years later, Rev. Sylvester Graham, the inventor of Graham crackers, co-founded the American Vegetarian Society. Graham was a Presbyterian minister and his followers, called Grahamites, obeyed his instructions for a virtuous life:

vegetarianism, temperance, abstinence, and frequent bathing."

Claire Suddath, "A Brief History of Veganism," www.time.com, Oct. 30, 2008

"Flesh-meats average about thirty-five per cent of nutritious matter, while rice, wheat, and several kinds of pulse (such as lentils, peas, and beans) afford from eighty to ninety-five per cent; potatoes afford twenty-five per cent of nutritious matter. So that one pound of rice contains more nutritious matter than two pounds and a half of flesh-meat; three pounds of whole meal bread contain more than six pounds of flesh, and three pounds of potatoes more than two pounds of flesh."

Sylvester Graham, quoted by Howard Williams in *The Ethics of Diet: a Catena of Authorities Deprecatory of the Practice of Flesh-Eating*, 1883

We find Sir Henry Thompson, FRCS, saying :

“It is a vulgar error to regard meat in any form as necessary to life. All that is necessary to the human body can be supplied by the vegetable kingdom... The vegetarian can extract from his food all the principles necessary for the growth and support of the body, as well as for the production of heat and force. It must be admitted as a fact beyond all question that some persons are stronger and more healthy who live on that food. I know how much of the prevailing meat diet is not merely a wasteful extravagance, but a source of serious evil to the consumer”

The words of a Fellow of the Royal Society, Sir Benjamin Ward Richardson, MD

“It must be honestly admitted that weight by weight, vegetable substance, when carefully selected, possesses the most striking advantages over animal food in nutritious value. I should like to see a vegetarian and fruit-living plan put into general use, and I believe it will be.”

The Well-known physician, Dr William S. Playfair, CB, has said quite clearly :

“Animal Diet is not essential to man”

We find Dr. F.J.Sykes, Bsc., the medical official for St Pancras writing:

“Chemistry is not antagonistic to vegetarian-ism, any more than biology is. Flesh – food is certainly not necessary to supply the nitrogenous products required for the repair of tissues; therefore a well-selected diet from the vegetable kingdom is perfectly right, from the chemical point of view, for the nutrition of men.”

Dr. Francis Vacher, FRVS, FCS, remarks :

“I have no belief that a man is better physically or mentally for taking flesh-food.”

Dr. Alexander Haig, FPCP, the leading physician of one of the great London hospitals has written :

“That it is easily possible to sustain life on the products of the vegetable kingdom needs no demonstration for physiologists, even if the majority of the human race were not constantly engaged in demonstrating it; and my researches show, not only that it is possible, but that it is infinitely preferable in every way and produces superior powers, both of mind and body.”

Dr.M.F.Coomes, in The American Practitioner and News of July1902, concluded a scientific article as follows:

“Let me state first that the flesh of warm blooded animals is not essential as a diet for the purpose of maintaining human body in perfect health”

Dr.Josian Oldfield, MRCS, LRCP, writes :

“Flesh is an unnatural food, and therefore tends to create functional disturbances. As it is taken in modern civilizations, it is infected with such terrible diseases (readily communi-cable to man) as cancer, consumption, fever, intestinal worms, etc to an enormous extent. There is little need to wonder that flesh-eating is one of the most serious cause of the diseases that carry off ninety-nine out of every hundred people that are born.”

Sir, Robert Christison, MD. asserts positively that

“The flesh and secretions of animals affected with carbuncular diseases analogous to anthrax are so poisonous that those who eat the product of them are apt to suffer severely – the disease taking the form either of inflammation of the digestive canal, or of an eruption of one or more carbuncles.”

Dr. A.Kingsford, of the University of Paris, says

"Animal meat may directly engender many painful and loathsome diseases. Scrofula itself, that fecund source of suffering and death, not improbably owes its origin to flesh-eating habits. It is a curious fact that the word scrofula is derived from scrofa, a sow. To say that one has scrofula is to say that he has swine's evil."

Dr.J.H. Kellogg remarks :

"It is interesting to note that scientific men all over the world are awakening to the fact that the flesh of animals as food is not a pure nutr-iment but is mixed with poisonous substances excrementitious in character, which are the natural results of animal life. The vegetable stores up energy. It is from the vegetable world – the coal and the wood – that the energy is derived which runs our steam engines, pulls our trains, drives our steamships, and does the work of civilization. It is from the vegetable world that all animals, directly or indirectly, derive the energy which is manifested by animal life through muscular and mental work. The vegetable builds up; the animal tears down. The vegetable stores up energy; the animal expends energy. Various waste and poisonous products result from the

manifestation of energy, whether by the locomotive or the animal. The working tissues of the animal are enabled to continue their activity only by the fact that they are continually washed clean by the blood, a never-ceasing stream flowing through and about them, carrying away the poisonous products resulting from their work as rapidly as they are formed. The venous blood owes its character to these poisons, which are removed by the kidneys, lungs, skin and bowels. The flesh of a dead animal contains a great quantity of these poisons, the elimination of which ceases at the instant of death, although their formation continues for some time after death. An eminent French surgeon recently remarked that 'beef-tea is a veritable solution of poisons'. Intelligent physicians everywhere are coming to recognize these facts, and to make a practical application of them."

Baron Cuvier himself writes :

“ The natural food of man, judging from his structure, consists of fruit, roots and vegetables.”

Professor Ray tells us :

“Certainly man was never made to be a carnivorous animal”

Sir Richard Owen, FRCS, writes :

“Anthropoids and all the quadrumana derive their alimentation from fruits, grains and other succulent vegetable substances, and the strict analogy which exists between structures of these animals and that of a man clearly demonstrates his frugivorous nature.”

Fellow of the Royal Society, Professor William Lawrance writes :

“The teeth of man have not the slightest resemblance to those of carnivorous animals; and whether we consider the teeth, the jaws or the digestive organs, the human structure closely resembles that of the frugivorous animals.”

Dr. Spencer Thompson remarks

“No physiologist would dispute that man ought to live on vegetarian diet.”

Dr. Sylvester Graham writes :

“Comparative anatomy proves that man is naturally a frugivorous animal, formed to subsist upon fruits, seeds, and farinaceous vegetables. The desirability of the vegetarian diet will of course need no argument for anyone who believes in the inspiration of the scriptures, for it will be remembered that God, in speaking to Adam while in the Garden of Eden, said: 'Behold, I have given you every herb bearing seed which is upon the face of all the earth, and every tree in which is the fruit of a tree yielding seed; to you it shall be for meat.' It was only after the fall of man, when death came into the world, that a more degraded idea of feeding came along with it. If now we hope to rise again Edenic conditions we must surely commence by abolishing unnecessary slaughter performed in order to supply us with horrible and degrading food.”

Dr.J.D.Craig who writes :

“Vigour of body is often boasted by flesh-eaters, particularly if they live mostly in the open air; but there is this peculiarity about them, that they have not the endurance of vegetarians. The reason of this is that flesh-meat is already on the downward path of retrograde change, and as a consequence its presence in the tissues is

"Money-How one uses is important. And not how much money one has is important."

of short duration. The impetus given to it in the body of the animal from which it was taken is reinforced by another impulse in the second one and for these reasons what energy it does contain is soon given out, and there are urgent demands for more to take its place. The flesh-eater, then, may do a large amount of work in a short time if well-fed. He soon gets hungry, however, and when so becomes weak. On the other hand, vegetable products are slow digestion; they contain all of the original store of energy, and no poisons; their retrograde change is less rapid than meat, having just commenced, and therefore their force is released more slowly with less loss, and the person nourished by them can work for a long time without food if necessary, and without discomfort. The people in Europe who abstain from flesh are of the better and more intelligent class, and the subject of endurance has been approached and thoroughly investigated by them. In Germany and England a number of notable athletic contests that required endurance have been made between flesh-eater and vegetarians, with the result that the vegetarian has invariably come off victorious."

Charles Darwin remarked in one of his letters :

"The most extraordinary workers I ever saw, the labourers in the mines of Chile, live exclusively on vegetable food, including many seeds of leguminous plants."

Sir Francis Head writes :

"It is usual for the copper miners of Central Chile to carry loads of ore of two hundred pounds weight up eighty perpendicular yards twelve times a day; and their diet is entirely vegetarian – a breakfast of figs and small loaves of bread, a dinner of boiled beans, and a supper of roasted wheat."

Sir William Fairbarn has said :

"The Turk can live and fight soldiers of any other nationality would starve. His simple habits, his abstinence from intoxicating liquors, and his normal vegetarian diet, enable him to suffer the greatest hardships and to exist on the scantiest and simplest of foods."

Seventh-day Adventists are encouraged to eat a well-balanced vegetarian diet. They avoid meat but eat legumes, whole grains, nuts, fruits, and vegetables. According to the Seventh-day Adventist website, "we believe God calls us to care for our bodies, treating them with the respect a divine creation deserves. Gluttony and excess, even of something good, can be detrimental to our health." The religion also discourages use of tobacco, alcohol, and other mind-altering substances.

Arguments over T.V Channels

These days we find T.V channels full of arguments, noise and no subject. The simple reason is E.Q (Emotional Quotient) is very low which again is directly related to food, food and food that one eats. Unless we have food reforms all this will continue.

Food is what gives happiness to everyone. Certainly there is no one who is not happy with vegetarian food. On the contrary a vegetarian will certainly not be happy if meat, flesh is served.

Tortoise :

One of the longest life among animals and its longevity is around 200 years and the fact is its Vegetarian

Creativity :

Creativity comes not by knowledge, not by coping but one has to have observation of nature, watch nature, love nature, and be with the nature. Eat what nature has provided (No alcohol, Meat, Egg). Avoidance of under roots suggested.

In the pages following
we will see lot of changes
in the body, mind, etc., etc.,
after the change of
food habit

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MOBILE 9840037711

EMAIL UV1 @ Mail City . Com

I V. KRISHNAN came here to UV Enterprise today the 15th day of July 1999.

When I started to go out, I just have handshaking with Mr. VIDIN. He, at once, told that I am an regionian. That is very correct.

92/157/11/1

(V. KRISHNAN)

TIRUVANNAMALAI.

K. Rajarajan SA

T.V. Madan

15/7/98

I met Mr. Vipin today on my way
 my face to analyse and said that I was
 taking non-veg earlier but stopped now
 and my parents are veg, which seems to
 be right. I wonder at a short time
 being the face his predictions. I am
 also interest to know about the above
 said topic

Dr. Pravin

S. Veerayyaan St.
 Hindustan Lever Colony
 Pammal, Chennai.

Dr. Pravin

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vipin
veg conversion DATA
duration-

	better	same
digestion	✓	
active	✓	
doctor bill	Very less	
sleep	✓	
mind	✓	
memory	75% ✓	
brain	60% ✓	
patience	40% ✓	
praise	100% ✓	
anger	10% ✓	
lock		✓
WT	Increase	

NAME: G.P. Sesham
 as: Narayani Palaniappan (D.C.W)
 add: 7/15/11, S.V.S. St
 tel.
 E-mail: mylapore - m. 4

Sesham
(signature)

உயிர் உயிர் உயிர் உயிர் உயிர்
 5.0: 7.15/11 ச.வ.ச. சி.
 டி.பி.என்.சி. மெய்நகர்

18.1.2004

மாஸ். மாஸ். பொன்னா
புதி காய்ப்பாய 2 மீட்டர்
189. சேலாச்சிபு காய்ப்பாய அருகே
சென்னை. 600001

இக் கார்ப்பூட்டி அளவீட்டில் அளப்புகளில் அளக்கப்பட்ட
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சேலாச்சிபு அளவீட்டில் அளக்கப்பட்ட (இதற்களவீட்டில்) மாற்றப்பட்ட அளவீட்டில்
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3-2-04

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மாஸ். மாஸ். பொன்னா 90-49-189

3.2.2004

அப்போதில்
மாஸ். மாஸ். பொன்னா
சென்னை-2

Totally cleared
on 17/6/04

"Interest is interesting for one gets money without any work."

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vipin

veg conversion DATA

duration. 1 year

digestion

active

doctor bill

sleep

mind

memory

brain

patience

peace

anger

look

wt.

toilet time

body odour

better

same

remarkable improvement
far better than before

nothing

slightly improving

getting more concentrated &

slowly improving

all most same (as it was before)

no more excitement and deject

all most nil now.

gradually improving

definite improvement is there
promore perfect than before
been reduced surprising

NAME

Co.

Add.

Tel.

Raj Kumar Samal
Sangeetha Infoways
108, Harrington Road
Salz ~~board~~ Square
Chetpet, Chennai-31
Ph: 8211384

My parents are veg. people,

4.5.2004

தொதுகை :

எஸ். எஸ். மாரியாஜி
புதிதாய்மையின் உதவி
189, சீதாஅம்மாள் தெரு
சென்னை. 600001.

பொருள் : அச்சவகை மாநியர்கள்.

விவரம் : இக்கருத்தினை அறிந்த அமைச்சர் அவர்களும்
எஸ். எஸ். மாரியாஜி மூலமாக அமைச்சர் அவர்களின் உதவியின்
மூலம் இவர்களுக்கு உதவி செய்து கொடுக்கப்பட்டுள்ளது. அந்த
உதவியை அளிப்பதற்காக அமைச்சர் அவர்கள் உதவி செய்துள்ள
பணியை அறிவிக்கப்பட்டுள்ளது. அந்த உதவியை அளிப்பதற்காக
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உள்ளது. அந்த உதவியை அளிப்பதற்காக அமைச்சர் அவர்கள்
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அறிவிக்கப்பட்டுள்ளது. அந்த உதவியை அளிப்பதற்காக அமைச்சர்
அவர்கள் உதவி செய்துள்ள பணியை அறிவிக்கப்பட்டுள்ளது.

- 1) உதவி செய்து,
- 2) உதவி செய்துள்ள பணியை,
- 3) அந்த உதவியை அளிப்பதற்காக,
- 4) உதவி செய்து.

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vipin

veg conversion DATA

duration. 5 years

	better	same
digestion	better. in Veg than Non-veg.	
active	better.	
doctor bil	No Doctor bill for the past 3 years from when I began to live as a pure Vegetarian.	
sleep	better.	
mind	Conscious.	
memory	better.	
brain	Refresh and Cheerful.	
patience	ExtraOrdinary.	
peace	Individually better [but peace depends on the situation of the family.]	
anger	Non-Veg-75%. But it is Mysterious in Veg 25%.	
look	Calm look [but makes other to feel that the fellow is Good].	
wt	Normal Weight as for the age.	

NAME N. V. JAYACHANDRAN,
 co. S/o, N. VELLAI KANNAN,
 add. 4/11, PEROMAL KOIL ST,
 OTTERS, G.S.T. Road,
 tel. VANDALUR, CHENNAI - 48.

NO Bhattin
 NO coffee
 No Tea
 No Milk
 No curd

R. Samsidurai (The other being same)
 Mrs. Samsidurai
 Tempam -
 Chennai - 11

Chennai
 12. 11. 2023

Dear Sir, (Mr. Samsidurai).

Thank you for your letter of 10/11/2023, regarding the
 issue of the... (The text is partially illegible due to blurriness)

Sincerely,
 R. Samsidurai
 12. 11. 2023

For All:
 R. Samsidurai
 Tempam - 11
 Chennai - 11
 12. 11. 2023

"Diet - The origin of the word diet is Food offered to deity Traditionally it was fruits & Flowers only."

S. Radhika.

94 (Old) Davidson Street.

CHENNAI - 600 001.

சாலை/பு

உணக்கம் ஜூன்.

எனக்கு உயிரியலில், கால் கீக்கம்
இன்றைக்கு. பாக்டீரியம் சென்ற சிதறிய மாத்திரை எலக்ட்ரிக்
கொண்டுகள். எனக்கு குணமாக வந்தால். பின் சமைய
பந்திரிக்கு சமையலுக்கு அல்லாதவை போலிப் புரண
குணமடைந்த விடலை. நுரலில் நான் அணைக்காத
இருந்தேன் பின் அணைக்காத மாற்றி என் உடலில்
உள்ள உணைக்காத நிக்கிரான். (சுரு. VIPINCHAND)
அவர்கள். அவருக்கு என் நன்றி



U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off.: 159, G.N. St., Chennai-1. Ph.: 589665

Tele Fax: (044) 581362

Sales: 11B/2, Govindappa Naidu St.,

CHENNAI - 600 001.

Tel.: 58 90 76 / 58 11 24

21/Aug/98

I the undersigned Phadke M.S. will give up eating eggs from today.

Previously I was purely vegetarian. for last 1 year or so, I am taking eggs but not meat, now from today onwards again I will become vegetarian.

Thank you for your advise

Phadke M.S

140, KRISHNA,

H.T. Madras.

COMMON SENSE DOCTOR CURING

VIPIN CHAND

Tel. 25359375 / 25381124

Date :

Patient Name A. Natarajan Suffering from Diabetes Remarks Diabetes

• FOOD

I was suffering from Diabetes. 200. at the time. now I had treat with Mr. Vipin Chand now I am fully satisfied now I am at below 160. - 140. You are truly
 I am
 (A. Natarajan)
 26.4.03.

Address

A. Natarajan
 34174 - Ramalingeswarar Road
 Tenkasi - Chennai 18
 Ph: 2433 5896.

Mr. Vipin,

It is great study great to learn that you are a staunch proponent of vegetarianism. This "colorful effect" as stated by one of your members/followers should be emphasized on campaigns for a better health and better future.

I feel proud to have been a vegetarian all these days, after ~~deciding~~ ^{deciding} you. I shall remain so forever.

Let us all spread this light to the whole world.

Yours sincerely,

Deep Singh

(SDEPTA 200)

RIPROBES TODAY

21.7.98

From:

S. Suresh, Chennai - 24
 12-c Pasumonte St. Madambakkam, Chennai - 24.

Really I surprised, when I met Mr Vipin Jain. That he could find out by shaking my hand vegetarian / non-vegetarian / non-vegetarian. He could find out that I was a smoker, which was correct.

My best wishes to him on his endeavor to convert all to vegetarians.


 (Suresh)

TOYAMA A

VEG. CONVERSION DATA

VIPIN CHAND

118, (New No.244)Govindappa Naicken St.
Chennai - 1. Ph. : 5369375 / 5381124.
Fax : 5368014. E-mail : uve@vsnl.com

Name : Duration 3 1/2 Mo NTA
R Vasanthi, Age : 28 years
Address : 1171, 18th Central cross st., MKBAY
Tel : Chennai - 600 039. 5514478-

	Better	Same
Digestion	✓	
Active	✓	
Doctor Bill	NIL	
Sleep	SOUND	
Mind	PEACE FULL	
Memory	IMPROVED	
Brain	ACTIVE	
Patience	80%	
Peace	✓	
Anger	CONTROLLED	
Look	GOOD LOOKING	
Weight	AVERAGE	
Toilet Time	REGULAR	
Body odour	CONTROLLED -	

From

L. Srinivasulu Reddy
8, B. Srinivasulu Reddy
D. No. 10
Rajahmundry - 607303

28-3-93

To, D.V. Tambada
Chennai.

Sir,

சென்னை நகரில் இப்போது உள்ள சி.பி.எஸ். கல்லூரியில்

உயிரினியல் துறைப்பகுதியில் பி.எம்.ஸி.எம். இல். விடாக் தரவேண்டி
எனது இயக்கத்தின் கீழ் உள்ள சி.பி.எஸ். கல்லூரியில் சேர்க்கைக்குரிய
மாண்புமிகு பி.எம்.ஸி.எம். துறைப்பகுதியில் உள்ள சி.பி.எஸ். கல்லூரியில்
உயிரினியல் துறைப்பகுதியில் சேர்வதற்கான பி.எம்.ஸி.எம். கல்வியறிவு
பரீட்சை. கீழ்க்கண்டவற்றை எனது இயல் பி.எம்.ஸி.எம். கல்வியறிவு
பரீட்சை.

தயவுசெய்து கீழ்க்கண்ட

L. Srinivasulu Reddy
28-3-93

V. BALAMURUGAN.

MU-TECH TOOLS

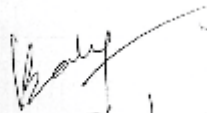
1, ANNA-SARAI,

1/20TH MILE ROAD,

PORE, CHENNAI - 116.

5/3/98

உள்ளுள்ள 2 மாதங்களுக்கு முன்பு (NON-VEG)
 உணவு-கூடு சரியான உணவு வழங்கி
 உணவுகளை வழங்கினார்.



5/03/98

Ph - 4825036

V. Balamurugan
 (Managing partner)

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off.: 159, G. N. St., Chennai-1. Ph.: 568866

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 83 75 / 58 11 24

I undersigned Shroendra S. Shable
is presently non vegetarian. But
from today I will become a
vegetarian, this is my promise to
you.

Thank you for your advise.

Shable -

304 Krishna
I.I. Madras.

21/8/82

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off: 159, G. N. St., Chennai-1. Ph: 589835
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

12-10-98

From

PK Vinel
 TEMP ADD - EWS-15 NH-1
 Masaimalai nagar
 PIN - 603209

SPUPER ADD

NO. 7A Main
 I.E.H.S. Layout
 Vidyaranyapuram
 Bangalore - 560077
 Ph. 8382675.

On the above mentioned date when I was here to consult Mr. Vipin Chand regarding a few heaters I wanted for my Company. I while after our offi business convo. Personally he predicted me saying you are a vegetarian, I was amazed and asked him how could you predict my diet. He said looking at your face.

He also said one of your parents should be a vegetarian, which was very much true, As my mother is.

P.K. X
 Vinel

U-V ENTERPRISE

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Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naidoo St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

* By seeing me he found that my parents
 vipin ^{DATE} non vegetarians.

veg conversion DATA

duration. 2 YEARS

	better	same
digestion	✓	-
active	✓	-
doctor bill	-	-
sleep	✓	-
mind	✓	-
memory	✓	-
brain	✓	-
patience	✓	-
peace	✓	-
anger	-	✓
look	-	✓
Wt	-	-
toilet time	✓	-

NAME N. SHONDURU VINAYAKA MOORTHY

Co C.E.G. Anna UN, CHENNAI

Add 4/26 S.V. KOIL ST, CHOKKILAMP

TERRASSI (TL), NELLAI (DT) - PIN: 627 302.

Tel. 04633 - 23190

"One should follow religion and should not be proud of religion."

U-V ENTERPRISE

Manufacturers - Consultants - Marketing Enterprise

Off.: 159, G. N. St., Chennai-1. Ph.: 569886

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 58 93 75 / 58 11 24

vipin

veg conversion DATA

duration. 3 months

better ✓ same

digestion OK

active WELL

doctor bil ML.

sleep WELL

mind ; ALRIGHT

memory NORMAL

brain ACTIVE.

patience PEACE

peace ALWAYS

anger NO

look RIGHT

fit steady

NAME S. RAJAGOPAL

co B & W MARKETING CO

add. W-16 NORTH MAIN ROAD

tel. CHENNAI - 600 011

6283187

"Plants are sensitive to our intention, lets show our intention in action to the plants."

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G.N. St., Chennai-1. Ph.: 969825
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

vipin

veg conversion DATA

duration. 10 months

	better	same
digestion	✓	
active	✓	
doctor bill	Less	
sleep	✓	
mind	✓	
memory	improved.	
brain	✓	
patience	improved.	
peace		
anger	✓	
look	✓	
wt.	Reduced.	
toilet time	✓ Reduced	
body odour	Reduced	

NAME K. Ravindranath
 Co. R. R. Enterprises.
 Add. NO. 35, Ayya Lane,
 East Cemetery Road,
 Rayapetnam,
 Chennai - 21.
 Tel.

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 169, G. N. St., Chennai-1, Ph.: 589885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

Vipin

vag conversion DATA

duration. 20 YEARS. (10) days

	better	same
digestion	✓	
active	✓	
doctor bil	Very Low	
sleep	✓	
mind	✓	
memory	✓	
brain	✓	
patience	50%	
peace	100%	
anger		
look	80%	
Wt		

NAME S. RAM.

co K.V. PRODUCTS

add. G. H. T. ROAD,

POLEMANEKKAL STREET

tel. 52463

CHENNAI

U-V ENTERPRISEManufacturers - Consultants - Marketing Enterprise
Off. : 159, G. N. St., Chennai-1. Ph.: 509935Sales: 11B/2, Govindappa Naicken St.,
CHENNAI - 600 001.
Tel.: 55 93 75 / 58 11 24From KATHIR GAMANVegetarians:

I am very pleased to reveal the healthiest meal that I have been consuming since my arrival from PARIS where I used to have meat twice per a day. But now I feel fresh and very comfortable with my present vegetarian life. After all, we are very close to nature

 10 Rue du General
Humbert

 75014 PARIS
FRANCE

 25/11/30
11/30 AM

7/1/99

To Honorable Secy. of Mys. Congress

Mr. Viper predicted that I am a
 beg. man. what it is exactly right. The marks of my
 of his in non-veg. But I have been in Veg.
 Since 22 July 1995. All my qualities are
 changing. More importantly, my hair is
 changing. The colour is white. Previously
 I have 5 to 10% in white colour
 I am just 25 years young man

Ltr. Ravi Kumar
 7/1/99
 C. R. Ramesh Kumar
 Madras 33.

Res: No:14, Makkaloththachalam St
 West Madurai, Madras
 Phone: 9610-12264 - 33

Off: No:110, Makkaloththachalam St.
 West Madurai, Madras 33
 Tel: 449 3205.

"Present day principal's principle is to run the show. Thereby the principles become secondary."

U-V ENTERPRISE

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 Tele Fax: (044) 581862

Sales: 118/2, Covindappa Naicken St.,
 CHENNAI - 600 001.
 Tel.: 56 93 75 ; 55 11 24

Kranthi

V. V. V.

30/3/98

S. BALAHURAJI.

11-B, Type No. 10

Shanmugasapuram Police Complex,

Goremattee, Pondicherry - 6.

Ph: 73143.

DN
No active of VPN
I have veg.

To stop N-Veg my face become
 good and smart. After 3 months,
 then I consume Cigarette my face
 become dull. Due to Cigarette smoke
 my body become dull.

The look of the face Mr. VPN was in
 full everything. he was not suffer of
 the face become to unattractive.

P-2014-6330
Dr. Abraham Chundachavan
Dr. N. Nagesan Naga
Chidambaram
603002

Review the two

To day I met a nice view - a different man
I met in my life - having different angle of thinking
about Vegetarian - having sound knowledge in all
fields (in Religion) - knowing that a dog (cat) can also
pray and understand & express its feelings.

He is a living proof for kindness even to animals
this thing will go many other persons - and so many
more who are patients. I have to describe in
for my personal belief. I shall be friendly
to all. I shall be friendly
to every patient.

Dr. N. Nagesan Naga

Dr. N. Nagesan Naga

Dr. N. Nagesan Naga
Chidambaram
603002

I am on his customer and I met him first time.
I was very surprised & liked that he (unimpaired average enterprise) was
found out very correctly. The no. of my parents was in vegetarian. Really I
was very happy and I am very much proud about doing
the job.

your sincerely
H. Nagesan Naga
603002

Madison
04/03/92

I am ~~Vegetarian~~ working as an Engineer in Creative Technologies.

I am ~~convert~~ to the U.V. which is run by a interesting person Mr. Viper who shows to the Society the converting the Non-Vegetarian into Vegetarian. He has the ~~for~~ extraordinary power by ~~being~~ seeing a person face he conclude that he is Vegetarian or non-Vegetarian. How long he is Vegetarian and how he changed to Non-Vegetarian. what his capacity he will predict accurately. I wonder by using his predicting power.

He is also converted from Non-Veg to Veg because of his ~~discovers~~ ^{of} ~~the~~ ^{the} wonderment of Vegetarian. I respect his service to the Society.

Thank you.

J. Veledangam.
04/03/92.

J. Veledangam.
Creative Technologies.
Old. T-45 Colony.
Anna Nagar East,
Madras - 61.

Chennai-14,
17-11-80.

R. VELAYUTHAN.

Age: 33 years.

From 12th year. (1970)

Our family father is vegetarian, all other 1 non veg. From my 12th year I realised that non veg is not good to eat and the smell is very bad feel. Since my 12th year I with am taking only Vegetarian. Because of my best policy, my wife Mrs. Kalai Selvi (29 years) post five years gradual reduced non veg. now she is taking only veget. only. This vegetarianism ~~is~~ ^{is} in our family is followed by atleast one by one in our family. "I like vegetarian only."

Thanks

R. Velayuthan.

Mr. Vipin is not believe me when I told that I am vegetarian and non smoker. After some time he given balanced me and after my lunch and confirmed that my face is not looks like a ~~vegetarian~~ ^{vegetarian}. He told me some of your family taking non veg. or, your face is ^{not} like non vegetarian. I explained Mr. Vipin in our family most of the people are taking non veg. but, my father is following vegetarianism from his childhood. on base on his policy of vegetarian & non smoking, I am also following this ^{is} same.

Thanks "vegetarianism is good for
our health."

R. Velayuthan.

"Much of time is wasted in teaching how to save time."

V. M. VENKATESAN.

Flour. Co. Mill No. 1
 Oldham Stn.
 Mandavalli (A.P.)

Fine for finding
 me as a ~~university~~ college student (staying
 at home).

I have been "asked" by ~~various~~ "to" ~~function~~ a "Group
 -couple" for my teaching work. During our discussion, ~~regarding~~
 various aspects of Politics, Veg & non-veg etc.

When ~~I~~ ~~was~~ ~~at~~ ~~home~~ ~~one~~ ~~time~~, he found
 me ~~exactly~~ ^{fully} about my ~~views~~ of veg & non-veg.

Actually, my ~~views~~ ^{views} ~~are~~ ^{are} ~~not~~ ^{not} ~~completely~~
 completely. He (Mr. Maya ~~Bhargava~~) told exactly my
 views - and I am who intervened in his
 lecture + discussion.

Yours

V. M. Venkatesan
 Mandavalli

Canon set
 paid -
 money appx

* By seeing me he found that my parents
 were non vegetarians.
 vipin
 veg conversion DATA
 duration. 2 YEARS

	better	same
digestion	✓	-
active	✓	-
doctor bill	-	-
sleep	✓	-
mind	✓	-
memory	✓	-
brain	✓	-
patience	✓	-
peace	✓	-
anger	✓	✓
look	-	✓
wt	-	-
toilet time	✓	-

NAME N. SHENBAGA VINAYAGAN MOORTHY

Co C-EG, Anna Univ, Chennai

Add 4/26 S.V. KOIL ST, COVILLOLAM

TEMRUR (TN), NELLAI (DT) - PIN: 627302

Tel. 04633 - 28190

Dear Brijin Chaudhary

Pammat
2-5-1978

With pleasure I am writing this letter. While I was consuming Non-Vegetarian food, some how, I was facing some sort of disorder in my health. After meeting you in your office, at the advice you have given to change my food to Vegetarian, hereby my health will be improved.

No doubt I have made up my mind to convert myself to Vegetarian. But right from my childhood, I was having Non-Vegetarian food, in the initial stage I had faced some problem. Any how, I have determined to follow Mr. Brijin Chaudhary's advice & continued. Now more than one year, I am switched on to Vegetarian diet. I am pleased to say, now, I am just facing any problem of like indigestion. My health is much improved. I should thank you very for having given a good suggestion.

Now, I am thinking of suggesting to some of my friends who are of my age. I will be in touch after contacting my friends of their improvement in health.

Yours faithfully

(Signature)

(G.S. Rajan)

58, Shivnagar Road,
L.I.C. Colony, Pammat,
Chennai 600-075

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off.: 153, G. N. St., Chennai-1. Ph.: 509685

Tele Fax: (044) 581362

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001,

Tel.: 66 93 75 / 58 11 24

J. SRIDHAR,

17/1, Mani Nayakkan St

Ganapathyapuram, Radhanagar,

Chrompet, Chennai 45 E. Pin: 2365184

By seeing the face of myself, he told that my parents will be basically veg. But after such handshakes, he told that I sparingly use non-veg alcohol.

J. Sride

Spendix
 Part of
 Summary
 16/11/2007

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
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 Tele Fax: (044) 561862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 68 11 24

J. DEVARAJAN.

NO. 8, Perumal Koil St.
 Aminjikonai.
 Chennai-29.

11/9/92
 NO. 408, 4th E.
 Periyar Nagar.
 Pullanthepe
 Chennai-12.

U.V. டீலர்ஸ்சுடன் கஷ்டமாக உண்டான
 பணம் இங்கு திரு. விசுவா மதியம் உடைய
 மகிந்த கஷ்டமீகங்கடிக் உடையாடும் மாதிரி
 தேரடியாட அடர்ச்சினி உடைய திரு. மகிந்த
 (அடயலயுக்) மாதிரித்திரி சிங்கிணை
 மாதிரி அடர் அடர்ச்சினி. சிங்கி மாதிரி.
 டீலர்ஸ்சுடன் உடையாடும் டீலர்ஸ்சுடன் திரு. விசுவா
 மாதிரித்திரி திரிணைய மாதிரி மாதிரி
 மாதிரித்திரி.

விசுவா
 மாதிரித்திரி.
 11/9/92

U-V ENTERPRISE

Manufacturers - Consultants - Marketing Enterprise
 Off.: 159, G. N. St., Chennai-1, Ph.: 569885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,
 CHENNAI - 600 001.
 Tel.: 56 93 75 / 58 11 24

• 45 க்குள் 15 மணி அளவில்
 திட்டமிடல் திட்டமிடல் மட்டுமே
 திட்டமிடல் திட்டமிடல் மட்டுமே
 திட்டமிடல் திட்டமிடல் மட்டுமே
 திட்டமிடல் திட்டமிடல் மட்டுமே
 திட்டமிடல் திட்டமிடல் மட்டுமே
 திட்டமிடல் திட்டமிடல் மட்டுமே
 திட்டமிடல் திட்டமிடல் மட்டுமே

திட்டமிடல்
 45 க்குள் 15 மணி அளவில்

U-V ENTERPRISE

Manufacturers - Consultants - Marketing Enterprises
 Off. : 159, G. N. St., Chennai-1, Ph.: 663685

Sales : 116/2, Gvindappa Neelkan St.
 CHENNAI - 600 001.
 Tel. : 83 83 75 / 88 11 24

Kalpalaiam
 17-1-90

Dear Mr. Vipin Chandra,

I am extremely overwhelmed to read the article about Vegetarianism and your contribution in this field in Indian Express News paper dated 12.1.90. After reading this article and the discussions I had with Mr. Vipin on 17.1.90, I too though I am a non-vegetarian right from my childhood, I have now decided to be a pure vegetarian during the ~~rest~~ rest of my life. I have realised that it is better to be vegetarian for a healthy life especially after crossing 50. ¹⁴⁰

My best wishes for all your efforts to Popularise Vegetarianism.

Thanking you

Yours


 M. P. P. Menon
 No. 7, 2 Avenue
 Kalpalaiam - 603102

17-01-1998

To whomsoever it may concern.

Mr. Vipin chand, MD of M/s uv Enterprises met me today as a customer and predicted that I ^{am} will be a non-vegetarian at ~~the~~ first sight. I was shocked at the prediction by Mr. vipin chand since I would meet him for the first time today and also he was totally unaware about my personal life. He talked to me about the benefits of vegetarianism and he was interested in building of an ayurvedic hospital. I wish him great success in his life and I pledge him to continue his services to the nation.

Shankaran.
17/01/98

Mr. S. Lakshminaran
Project Engineer
Laminated Floor of
Pentagon Building

U-V ENTERPRISE

Manufacturers - Consultants - Marketing Enterprise
 Off.: 159, G. N. St., Chennai-1, Ph.: 569685
 Tele Fax: (044) 581862

26-6-28
 Sales: 118/2, Govindappa Naicken St.,
 CHENNAI - 600 001.
 Tel.: 59 93 75 / 58 11 24

मैं जनिनाश करने जो कि महेश नगर आवासीय
 का रहने वाला ह। मुझे ब्रह्मांड खाने का बहुत
 ही शौक था माने कि ये सैरी सब से Favorite
 चीज थी।

जोकिन कुछ समय से मैं भी बिपन्न मन की व
 संपर्क में आया हूँ जो बातें सुन सुन कर
 इन की संगत में रहने से आज के दिन ये
 डालन है कि मैं अच्छा शगवा लो क्या हूँ
 के नाम से ही नफरत हो गई।

ये अपने मिशन में जो जान से लगे हुए
 हैं इन का ये ध्येय है कि जापदा से जापदा
 लोगो Rectrain बना कर जीव हत्या से
 बचाया जाये

सैरी भगवान जी से यह प्रश्न है कि ये
 अपनी काम शाली में सफल रहे

आपके पास है।

EUROSTAR
Satellite Receiving Systems

D. SAMSON

EUROSTAR NETWORK PRIVATE LIMITED

22/1A, "Eurostar Enclave" Kazura Gardens,
Neelengrazi, Chennai - 600 041 India.
Tel. 91-44 4490221 (10Lines) 449 0332
Fax : 91-44 4490142 Email : eurostar@md2.vsnl.net.in

Sales: 118/2, Govindappa Naidoo St.,
CHENNAI - 600 001
Tel : 56 93 75 / 56 11 24
~~M-D-TEL 9840037711~~
EMAIL UV1 @ Mail City - Com

1/7/99

I met him first time to buy
One item. we started about vegetarianism.
I told usg is always good in all
aspects. But he said eat and told
me that nonvegetarian. It is really great

J. Subramanian

C/o Eurostar Network P.Ltd,
22/1A, "Eurostar Enclave"
Kazura Gardens, Neelengrazi,
Chennai 600 041.

J-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off: 159, G.N. St. Chennai-1. Ph: 569835

Home Fax: (044) 561862

7/4/99
Sales: 118/2, Govindappa Naicken St.,
CHENNAI - 600 001
Tel.: 56 93 75 / 58 11 24
MOBILE 98 400 3 7 7 1 1
EMAIL UVI @ Mail City . Com

vipin

veg conversion DATA

duration.

1 year and 3 months.

	better	same
digestion	L	L
active	L	L
doctor bill	less L	L
sleep	L	
mind	L	
memory	L	
brain	L	
patience	L	L
peace	L	
anger	less	
look	L	
wt.	48-50kg	L
toilet time		L
body odour		

NAME

T. KARTHIDAI RAJ

Co.

Ele Guotec.

Addr.

150, Adani Street,
Chinnayamagar Stage II
Chennai 92.

Tel.

4771201.

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 135, G.N. St., Chennai-1, Ph.: 662855
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 50 11 24

D. Nathaniale SONS.

416-A. Murali Baran St.

Ayyarar Naicker Colony

Aminjai Karai.

Madras. 29.

Egg reduced by 14-6

I will try my techniques
 to zero level.

13/11/98

one) 2 bro

15 Days

Carson
 26/9

2/1/99
 19/11

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 153, G N. St., Chennai-1. Ph.: 569885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

vipin
 veg conversion DATA
 duration.

digestion
 active
 doctor bill

sleep
 mind
 memory
 brain
 patience
 peace
 anger
 look
 wt.
 toilet time
 body odour

NAME
 Co.
 Add.

Tel.

My Address

L. ANJODINI M/S BOSTON & CLAPP'S
 No: 7A/105, 2 Street Dr. Anbazhagan Nagar
 Manapakkam Chennai-600116.
 better same ph: 2320388.

Date: 5.10.98 . 2.35 PM.

I met Mr. Vipin OWNER of
 UV Enterprise for purchasing Heater
 Coils. On this occasion, News paper
 On his table revealed me to ask
 him to predict whether my parents
 are Vegetarian or not.

On hearing this Question
 immediately he looked my face
 and told me that certainly
 my father is Non-Vegetarian-
 parents.

On this Judgement my opinion
 & that whatever he said is correct and
 predicted truth.

My telephone No. 232-0388

month - TRIAL veg / veg. Lohyodhi
 or 45 - 3 months veg / only veg. Mrs. (Boston & Clapp's)

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G. N. St., Chennai-1, Ph.: 559585
 Tele Fax: (044) 581862

1-3-99
 Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001,

Tel.: 58 93 75 ; 55 11 24

vipin
 veg conversion DATA
 duration- 7 Day.

better same

digestion
 active
 doctor bill
 sleep
 mind
 memory
 brain
 patience
 peace
 anger
 look
 wt.
 toilet time
 body odour

tel: 562544

1-3-99
 Sunethra Meerasu
 SUNDARA HOME
 535, Madhavala
 Kotte,
 Sri-Lanka

Dear Mr. Vipin!

Thank you so much
 for your kind assistance
 and good proposal. Now
 I'm a vegetarian. On my
 B'day (25th Feb:) I want
 to do something special
 as I do every year. I'm
 happy and Blessing you
 for the idea you have
 given to make my B'day
 special in India.
 Thank you,
 Truly
 Sunethra.

NAME
 Co.
 Add.
 Tel.

U-V ENTERPRISE

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 Off.: 159, G.N. St., Chennai-1. Ph.: 569885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

vipin

veg conversion DATA \pm From Non-Veg To Veg.

duration. 15 days

	better	same
digestion	5	1
active	5	1
doctor bill	5	1
sleep	1	5
mind	1	5
memory	5	1
brain	5	1
patience	5	1
peace	1	5
anger	1	5
lock	5	1
Wt	5	1
toilet time (Body) colour	5	1

NAME M. Srinivasan, Manager,
 Co Vasantham Aqua Minerals,
 Add 25, Bus stand Road,
 Jayankondam, b-152,
 Perambalur, dist.

Tel. 04 531 - 50218.

Fax: 04 331 - 50250.

"When animal eats man it is known as man eater. When a man eats animal, why can't we call him an animal eater?"

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Tele Fax : (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001

Tel. : 56 93 75 / 58 11 24

MOBILE 9840037711

EMAIL UVI @ Mail City . Com

vipin
veg conversion DATA
duration. *Months*

*S. Rajasakar,
4/428 A B road in Pd
T.N.H.S colony,
Thiruvannamiyur,
Chennai-11.*

digestion
active
doctor bill
sleep
mind
memory
brain
patience
peace
anger
look
wt.
toilet line
body odour

better same

✓
✓

— —

will
✓

improvement

great change

Reduced

will

NO

NAME *S. Rajasakar.*
Co. *4/428 A B road in Pd.*
Add. *T.N.H.S Colony,
Thiruvannamiyur,
Chennai-11.*
Tel.
Phone - *9632-786165*

J-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off: 159, G.N. St., Chennai-1. Ph.: 568865

Tele Fax: (044) 561862

Sales: 116/2, Govindappa Nelcken St.,

CHENNAI - 600 001

Tel: 568375 / 561124

MOBILE 9840037711

EMAIL UV1 @ Mail City . Com

2/7/99

vipin
veg conversion DATA
duration. 2 years

	better	same
digestion	✓ ✓	
active		
doctor bill		✓
sleep	✓	
mind	✓	
memory	✓	
brain	✓	✓
patience		
peace	✓	
anger		✓
look	less	
wt.	✓	
toilet time	less	
body odour		

NAME

Co.

Add.

Tel.

R. NAGA RADAN
Zirconium fabrications do etc.
and sheet,
Ramangan,
Chennai-42.
6250425

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G. N. St., Chennai-1, Ph.: 569235
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001,

Tel.: 56 93 75 / 58 11 24

vipin

veg conversion DATA

duration. 15.7 months

	better	same
digestion	✓✓✓	
active	✓✓	
doctor bill	✓	
sleep	✓✓✓	✓
mind	✓✓✓	
memory	✓✓	
brain	✓✓	
patience	✓✓✓	
peace	✓✓	
anger	✓✓	
look	✓✓	✓
Wt	✓✓	✓
toilet time	✓	

NAME V.K.S. ADITYAN,
 Co DISCOM SALES DIV.
 Add # 159, G.N. St,
 Chennai 1

Tel. 569103

Heart
 Medicines
 by year

"For harmony between life partners sleep in the posture of 63 and not 36.
 63 is facing each other and 36 is not facing each other."

U-V ENTERPRISE
 MANUFACTURERS - CONSULTANTS
 Off.: 159, G.M. St., Chennai-1. Ph.: 560035
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Nalcken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

vipin

26-10-98

veg conversion DATA

duration: 15 Years

	better	same
digestion	✓	
active	✓	
doctor bill	✓	
sleep	✓	✓
mind	✓	
memory	✓	
brain	✓	
patience	✓	✓
peace	✓	✓
anger	✓	✓
look	✓	✓
wt.	Reduce.	
toilet time	NOT NOTED	✓
body odour	NOT NOTED	

NAME J. A. NAMBI
 Co. REL TRICHY
 Add. # 45, BERRY
 RD TRICHY- 620 012
 Tel. 552281 Bx 297

2/25; KUPOR
 CHEERIKULAM
 PERAMBASUR
 - 621104.

"An old man running fast in the later part of his life to reach destination ends up before the destination, advisable to go slow and reach the destination."

U-V ENTERPRISE

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Off.: 159, G. N. St., Chennai-1. Ph.: 569885

Tele Fax: (044) 581882

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001

Tel.: 58 93 75 / 58 11 24

MOBILE 9840037711

EMAIL UV1 @ Mail City . Com

vipin
veg conversion DATA
duration. 4 MONTHS

	better	same
digestion	✓	
active	✓	
doctor bill	Nil.	
sleep	well	
mind	fresh	
memory	—	
brain	—	
patience	—	
peace	—	
anger	—	
look	—	
wt.	—	
toilet time	Nil.	
body odour		

NAME

P. SELVAKUMAR

Co.

Ad.

37, Nehru St,
Anai Nagar,
Choolaimedn.
Chennai - 96.

Tel.

(9836) 22

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off.: 159, G N. St., Chennai-1. Ph.: 589825

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 66 53 75 / 58 11 24

Vipin

veg Conversion DATA

duration *b*

digestion

saliva

doctor bill

sleep

mind

nervous

brain

patience

peace

anger

look

wt.

toilet time

body odor

better

same

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

✓

NAME : A. Selvakumar,

CO. 5/6 - V. Arunagalam,

ADD. 12/2, Kasso works Road,

Agaram - Chennai - 82.

Tel. —

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off.: 159, G. N. St., Chennai-1. Ph.: 569885

Tele Fax: (044) 581882

Sales: 118/2, Govindappa Naicker St.,

CHENNAI - 600 001.

Tel.: 56 83 75 / 58 11 24

vipin

veg conversion DATA

duration.

	better	same
digestion	✓	
active	✓	
doctor bill	✓	
sleep	✓	
mind	✓	
memory	✓	
brain	✓	
patience	✓	
peace	✓	
anger	✓	
look		✓
wt.		✓
toilet time	✓	
body odour	✓	

NAME **R. RAMESH**
 Co. **I.B.P COMPANY WZ**
 Add. **11, SIVON NORTH ST**
VELIPALAYAM
VAZHANTHIAN 611001.
 Tel.
04365 - 40813 (R.P)

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G.N. St., Chennai-1. Ph.: 589885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

Vipin
 Reg. conversion DATA
 duration

	better	same
digestion	✓	—
active	very active	—
doctor bill	Nothing.	—
sleep	deep sleep.	—
mind	calm.	✓
memory	AIRIGHT	—
brain		✓
patience	} Sometimes I lost patience becoming angry with child due to family problems, at peak hours of the days	
jealous		—
anger		—
look	alright	✓
wt	52 kg.	—
toilet time	5 AM every day.	—
body odour	Good	—

NAME S. Hemavathy Santhanam;

Co. Cuntur Subbiah Girls High School,

Add. VENKATNARAYANA ROAD.

T. NAGAR.

tel.

S. Hemavathy
 4/12/98.

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Manufacturers - Consultants - Marketing Enterprise
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 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,
 CHENNAI - 600 001.
 Tel.: 56 93 76 / 58 11 24

vipin

veg conversion DATA

duration.

from March first week.

	better	same
digestion	✓	
active	✓	
doctor bil	✓	
sleep	✓	
mind		✓
memory		✓
brain		✓
patience	✓	
peace	✓	
anger		✓
look		✓
Wt		

NAME T. KANNAN,
 co HMTD ENGG. PVT. LTD,
 add. 52/4, Rukmanikeswari Melon Nagar,
 tel. Kottivakkam,
 Chennai-41.

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 169, G. N. St., Chennai-1. Ph.: 669885
 Tele Fax: (044) 681882

Sales: 11B/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 66 93 75 / 58 11 24

vign

vug conversion DATA

duration. - 8 years

	better	same
digestion	✓	
active	✓	
doctor bill	✓	
sleep	✓	
mind	✓	
memory	✓	
brain	✓	
patience	✓	
peace	✓	
anger	✓	
look	✓	
Wt	✓	
toilet time	✓	

NAME

J. Ganthaman

Co

At VERA CHESTS STORES,

Add

PULIAN THOPE,

CHENNAI - 600 002.

Tel.

"Luggage: If one is not at harmony with ones wife, the wife becomes a luggage."

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off.: 159, G.N. St. Chennai-1. Ph.: 569836

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001

Tel.: 56 93 75 / 58 11 24

MOBILE 9840037711

EMAIL UVV @ Mail City - Com

vigin

veg conversion DATA

duration. 20 years

DATA

	better	same
digestion	✓	
active	✓	
doctor bill	NA	
sleep	✓	
mind	✓	
memory	✓	
brain	✓	
patience		✓
peace	✓	
anger		✓
look	✓	
wt.	64 kg	
toilet time		morning
body odour		

[I feel light, active eating
vegetarian food]. PSRao

NAME T. S. RAO
Co. Scientist - D
Adm. Water & Steam Chem Lab.
BARC Facilities
Kalpakam - 603 102
Tamil Nadu
Tel. 044 - 40208 9, 40397

V. P. N. V.
24/20/70

J-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 ff.: 159, G. N. St., Chennai-1. Ph.: 569885
 tele Fax: (044) 581882

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 68 11 24

vipin

veg conversion DATA

duration. 2 Months

digestion S.K.

active

doctor bil

sleep

mind

memory

brain

patience

peace

anger

look

Wt

toilet time

NAME Avinash

co S/B. Mahesh Nagar

add. Ambala Cantt

tel. 011-541518

better 40%. ^{for the time being} same

✓
 ✓
 HILL

same

muscle toner
 5% improve

control

less

same

less

How many
 5 min

Preceder
 15 min

AVINASH
 7. 5.8. 98

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G. N. St., Chennai-1. Ph.: 609886
 Tele Fax: (044) 581862

Salas: 118/2, Govindappa Naicker St.,

CHENNAI - 600 001.

Tel.: 66 93 75 / 58 11 24

Vipin

veg conversion DATA

duration. 2 months

better ✓ same

digestion ok

active well

doctor bill NIL

sleep well

mind All Right

memory normal

brain very good fresh.

patience peace

peace ok

anger No

look All Right.

Wt Increase.

NAME

co

add.

tel.

B. KAMATH.

V. S. R. N. S. APPHENDI'S

40, P. O. R. Nagar,

Andiyathur - P. O. 2225.

Note: இது ஹிஜியஸ் டிஜித் டீஸ்ட்
 குவாலிட்டி க்கான சான்றாவும் தரவேண்டி
 டிஜித் உருவாக்கம் செய்ய வேண்டி தயாராக
 ஆகியும். தயாரிப்பு அமைப்பு இல்லாத
 இத்தகைய உருவாக்கம்.

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10795
Sales: 118/2, Govindeppa Naicken St.,

CHENNAI - 600 001

Tel.: 56 93 75 ; 58 11 24

MOBILE 9840037711

EMAIL UV1 @ Mail City . Com

vipin
veg conversion DATA
duration. 20 Day

better

same

digestion

active

doctor bill

sleep

mind

memory

brain

patience

peace

anger

look

wt.

கிணர் உ-வீ-உ கிணர் உ-வீ-உ
விட உ-வீ-உ கிணர் உ-வீ-உ
விட உ-வீ-உ கிணர் உ-வீ-உ
கிணர் உ-வீ-உ கிணர் உ-வீ-உ
கிணர் உ-வீ-உ கிணர் உ-வீ-உ

11/11

NAME

Co:

Add.

Shamam

No-1 - Big Madhavaram

Meluharam (632505)

No. 66881

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off.: 159, G.N. St., Chennai-1. Ph.: 669886

Tel. Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001

Tel.: 56 93 75 / 58 11 24

MOBILE 9840037711

EMAIL UV1 @ Mail City . Com

2882g

vipin
veg conversion DATA
duration. 4 yrs

	better	same
digestion	✓	
active	✓	
doctor bill	✗	✓
sleep		✓
mind	✓	✓
memory	✓	
brain	✓	
patience	✓	
peace	✓	
anger	✓	
look	✓	✓
wt.		
toilet time	✓	
body odour		

NAME

Co.

Adc.

Tel.

ARUNACHALAN
No. 12, MANALVAR ST,
GANDHINAGAR, ANAND,
CHENNAI - 60.

"Knowledge – Knowledge is borrowed, knowledge is not gyan. People confuse gyan & knowledge.

A knowledgeable person need not be an intelligent person.

Ledger of knowing things, bigger the ledger wider the knowledge."

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

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Tel. Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001

Tel.: 56 93 75 ; 58 11 24

MOBILE 9840037711

EMAIL UV1 @ Mail City . Com

vipin

vay conversion DATA

duration. June 98 - March 99.

digestion

Improved -

better ✓

same

active

better

doctor bill

NIL

sleep

better
Sound

mind

Very clear

memory

better

brain

No Comments.

patience

Decreased.

peace

Increased

anger

→ Increased

look

No Comments

wt.

Increased

toilet time

Very much
reduced

body odour

Not at all.

NAME

L. Arjo die

Co.

Boston & Clifton Streets

Addr.

No. 74/1015, II St.

Dr. Anselvan Nagar

Mangalamm

Ch. 11b.

Tel.

timely advice saved me
W.A. die

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off.: 159, G.N. St., Chennai-1. Ph.: 589886

Tele Fax: (044) 581882

Sales: 118/2, Govindappa Neicken
 CHENNAI - 600 001
 Tel.: 56 93 75 / 58 11 24
 MOBILE 9840037711
 EMAIL UV1 @ Mail City . Com

vipin

veg conversion DATA

duration. 1 year 16/3/97

	better	same
digestion	✓	
active		
doctor bill	✓	
sleep	✓	
mind	✓	
memory	✓	
brain	✓	
patience	✓	
peace		
anger		
look		
wt.		
toilet time	✓	
body odour		

NAME

M. AKRANI

Co.

Addr.

65/A, KANDY ROAD

GRIHARIYA,
 SRI LANKA.

Tel.

071 723822

embity yes. good for
 a healthy life ^{and} for a
 long life without any
 diseases.

"The will to get cured is the best medicine for cure."

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G. N. St., Chennai-1, Ph.: 589885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicker St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

vipin
 veg conversion DATA
 duration. *8 year*

	better	same
✓ digestion	✓	
active	✓	✓
doctor bill		✓
sleep		✓
mind		
memory		✓
brain		
patience		
peace		
anger		✓
look		✓
wt.		✓
toilet time	✓	✓
body odour		✓

NAME
 Co.
 Add.

DEEPAK. H. PANDARAI
396. Pantham Road
Chennai-1.

Tel.

8261919

By 9622703228

"Pain Killer : Pain killer kills the witness of the pain and not the pain itself.
 (suppressing the signal of pain and not the cause of pain)."

U-V ENTERPRISE

MANUFACTURERS • CONSULTANTS
 Off.: 169, G.N. St., Chennai-1. Ph.: 668885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001,

Tel.: 58 93 75 / 68 11 24

Vipir

Mag Conversion DATA

duration 4 m 30 h

digestion
 active
 doccus bill
 sleep via
 mind
 memory
 brain
 patience
 peace
 anger
 look
 ut,
 toilet time
 body colour

Better

Same

✓
 ✓

ur - earlier once a while esp
 after partic

good

•
 •

Improved ur

✓

ur

Improved
 Resilience

Regular

Resilience

NAME S.R. Madhavan
 CO. S. Vayanna Hospital &
 ADD. Perambur 715-11

Tel. 55 61 512

[Signature]
 23/1/96

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS

Off.: 159, G.N. St., Chennai-1. Ph.: 568888

Tele. Fax: (044) 581882

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001;

Tel.: 56 93 75 / 58 11 24

Wipin

Veg Conversion DATA

duration — 2 1/2 years

	better	same
digestion	✓	✓
active	—	
doctor bill	Nil	✓
sleep	✓	
mind	✓	
memory		
uric acid	✓	
patience		✓
peace		✓
anger		✓
look		
st.	✓	
toilet time	✓	
body odour	✓	

NAME Vijay MattaDC, Shree Sai Enterprise125/3503, ParthagarAdd. Ghatkopar (East)Bombay - 400075.Tel. 5123458

"Closer to in laws, means spouse are in harmony."

U-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G.N. St., Chennai-1. Ph.: 569885
 Telex Fax: (044) 581852

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 500 001.

Tel.: 55 93 75 / 58 11 24

vipin

veg conversion DATA

duration. 6 months

	better	same
digestion	✓	
active	✓	
doctor bill	✓	
sleep	✓	
mind	✓	
memory	✓	
brain	✓	
patience	✓	
peace -		✓
anger -		✓
look -		✓
wt. -		
toilet time	✓	
body odour	✓	

NAME LUKE ANCHERI-V.
 Co. FORMIX INDUSTRIES
 Add. B-53, SIPCOT COMPLEX
 GUMMUDIPOondi - 601201
 Tel.

Home Address

LUKE ANCHERI-V.
 ANCHERI HOUSE
 PUTTASANGADY
 KATTAYAM - 686001, Kerala.

CH:

"If a person loves shopping, that means he has a hidden motive of making himself happy by spending money on others."

J-V ENTERPRISE

MANUFACTURERS - CONSULTANTS
 Off.: 159, G.N. St., Chennai-1. Ph.: 569885
 Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 56 93 75 / 58 11 24

vipin
 veg conversion DATA
 duration.

	better	same
digestion	✓	
active	✓	
doctor bill	✓	
sleep		✓
mind		
memory	✓	
brain	✓	
patience	✓	
pesce	✓	
anger	✓	
look	✓	
Wt	✓	
toilet time	✓	

NAME N. VALLIAPPAN
 co ASIATIC BEARING
 add. 14 PETERS ROAD
 tel. MS 14

26 5155

U-V ENTERPRISE

Manufacturers - Consultants - Marketing Enterprise

Off.: 159, G. N. St., Chennai-1, Pin.: 589885

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001.

Tel.: 58 93 75 / 58 11 24

VIPIN

VEG Conversion DATA One Month

Date of change of Conversion:

Duration :

Better

Same

Better

Same

Digestion

active

Better

doctor bill

sleep

Better

mind

Same

memory

Better

brain

patience

peace

anger

look

Wt.,

Same

Name : R. Barathi Dasan

Company Name : United Foundries (P) Ltd, 10-D SIPCOT,

Address : Ranipet - 620 403

Phone No. : 0472-44661, 44668.

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off.: 159, G.N. St., Chennai-1. Ph.: 599835

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Naicken St.,

CHENNAI - 600 001

Tel.: 56 93 75 / 58 11 24

MOBILE 9840037711

EMAIL-UV1 @ Mail City . Com

vibin

veg conversion DATA

Duration: 4 months

digestion

active

doctor bill

sleep

mind

memory

brain

patience

peace

anger

look

ut.

toilet time

body odour

better

same

NAME

Co.

Add.

Tel.

J. PURUMODIYAN,
 HONEY BREWERIES & DISTRIBUTORS LTD.
 10, Patel Street,
 ARUMKOTAI,
 CHENNAI-600 106.

Veg Veg Veg
 Your No
 288

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off.: 159, G. N. St., Chennai-1. Ph.: 569886

Tele Fax: (044) 581862

Sales: 118/2, Govindappa Nalcken St.,

CHENNAI - 600 001

Tel.: 56 93 75 ; 58 11 24

MOBILE 98 40 03 77 11

EMAIL UV1 @ Mail City . Com

vigin

veg conversion DATA

duration. 2 mo WITH

12 weeks ago has no going to
any doctor. My ~~state~~ is ok

	better	same
digestion	✓	
active		✓
doctor bill	✓	
sleep	✓	
mind		✓
memory		✓
brain		✓
patience	✓	
peace		✓
anger	✓	
look	✓	
wt.	✓	
toilet time	✓	
body odour	✓	

[Physiogram]

NAME B. Muttukumar

Co.

add. Just dial Services

Tel. 6444444

Born veg. During college days I was non-veg. Now
again I became veg.

4 years 196-98
6-3-99

U-V ENTERPRISE

MANUFACTURERS-CONSULTANTS

Off: 159, G.N. St., Chennai-1. Ph: 569886

Tele Fax: (044) 581862

Sales: 11B/2, Covindsopa Nalcken St.

CHENNAI - 600 001

Tel.: 56 93 75 / 58 11 24

MOBILE 9840037711

EMAIL UVI @ Mail City - Com

26.8.2007

vipin
veg conversion DATA
duration. 6 months

Bunt Egg

better

same

digestion
active
doctor bill
sleep
mind
memory
brain
patience
peace
anger
look
wt.
toilet time
body odour

✓
Sitting tired after some time
fever, body hair problems
well.
better.
Probs food.
OK
OK
OK
Some times
normal
less.
less.

NAME S. SRI RAM
Co.
Add. b, Aggaral St.
Madras - 1

Tel.

Lavr Egg

26.8.07 from T-2007

We have seen several peoples
getting benefitted
after change of diet.

Now the change starts
from you.